

Tiroid Kanser Cerrahisinde Boyun Diseksiyonu

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Özet

Diferansiye tiroid kanserlerinde boyun lenf nodlarına yüksek oranda bölgesel/rejyonel metastaz olur (%20-90). Bunların en az yarısı mikrometastazdır (<2mm), ve preoperatif olarak boyunda klinik olarak tespit edilebilmeleri mümkün olmadığından, gizli/okült metastaz olarak kabul edilirler. Başboyun bölgesi üst aerodigestif sistem skuamöz hücreli kanserlerinin aksine; tiroid kanserlerinde bölgesel okült metastaz, özellikle 55 yaş öncesinde, prognozu olumsuz etkilemez. Klinik olarak N+ olan hastalarda tedavi edici boyun diseksiyonu endikasyonu vardır. N0 hastalarda profilaktif/elektif lateral (II,II,IV bölgeler) boyun diseksiyonu endikasyonu yoktur, santral bölge (VI.) ise çok tartışmalıdır. Santral bölgede %40 lara varan okült metastaz olmasına rağmen ATA-2015 rehberi 4 cm altındaki tümörlerde profilaktik santral boyun diseksiyonunu önermemektedir. Ancak diğer bir grup otör, deneyimli ellerde kalıcı rekürren sinir paralizi (%0.5-1.4) ve hipokalseminin (%1-2) çok az olması nedeniyle rutin elektif santral bölge diseksiyonunu önermektedir. Her ne kadar bölgesel nüks oranı diseksiyon yapılanlarda %4, yapılmayanlarda %7 olsa da, fark istatistiksel olarak anlamlı değildir.

Sonuç olarak klinik olarak N+ tüm hastalarda tedavi edici boyun diseksiyonu yapılmalıdır. N0 boyunlarda ise 4 cm altındaki papiller kanserlerde tartışmalı, folliküler kanserler de elektif santral diseksiyon endikasyonu yoktur. Medüller kanserlerde her zaman santral bölge profilaktif boyun diseksiyonu endikasyonu vardır; lateral bölge ise tartışmalıdır.

Profilaktik boyun diseksiyonları ise tartışmalıdır. Bu nedenle tiroid kanseri cerrahisi yapan hekimlerin boyun cerrahi anatomisine ve boyun diseksiyonları yöntemlerine hakim olması çok önemlidir. Doğru endikasyonla, doğru ameliyat ve tedavilerle iyi diferansiye tiroid kanserlerinin

yüksek oranda ve çok düşük morbidite ile tedavi edilebileceği unutulmamalıdır. Bu nedenle yüksek volümlü ve deneyimli cerrahlar, gerek genel cerrahlar gerek KBB baş boyun cerrahları, tarafından ameliyatların uygulanması önemlidir.

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