

# Tiroid Kanseri Epidemiyolojisi

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## Özet

Tiroid kanserinin insidansı son 30 yıl içerisinde üç katına çıkmıştır. Amerika Birleşik Devletleri'nde en sık görülen sekizinci kanser, kadınlarda ise en sık görülen beşinci kanserdir. Tiroid kanseri insidansı her çap tümör için artmıştır. Dünya genelinde açıklanamayan insidans artışı tiroid kanseri tedavisi yapan klinisyenler için bir endişe kaynağıdır. Hastaların %90-95'inde tiroid kanseri tanısı tiroid nodülü veya nadiren boyunda palpe edilebilen lenf nodülü şeklinde tanı alır. Bölgedeki iodinizasyon durumuna göre değişmekle birlikte tiroid nodülü prevalansı %20-70'tir ve yaş arttıkça prevalans artmaktadır. Kanselerin çok büyük bir kısmına tiroid ince iğne aspirasyon biyopsisi (TİİAB) ile tanı konulmaktadır. En sık tanı konulan kanser tipi papiller tiroid kanseridir ve tüm tiroid kanserlerinin %85'ni oluşturur. Bu zamana kadar tiroid kanseri için belirlenmiş iki risk faktörü iyonize radyasyon ve aile öyküsüdür. İyi bilinen risk faktörleri dışında diyabet ve obezite gibi birtakım yeni etiyolojik unsurlar da literatürde yer almaktadır. Artmış tiroid kanseri insidansını açıklayan bir diğer teori tanısız tetkiklerin daha yaygın olarak kullanılması ve buna bağlı normalde fark edilmeyecek sessiz hastalığın ortaya çıkarılmasıdır.

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