

10.

Chapter

ORIGINS OF FOOTBALL IN ANTIQUITY

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Abstract

The concept of sports, which has a history as old as human history, successfully carries out the task of social activation within society. This definition is valid for the concept of sports that exists in the Modern world. However, the definition of sports that existed in antiquity was perceived slightly differently. Even though the concept of sports emerged in ancient times as social activity, some sports branches were intended to improve and maintain their physical strength by playing on the soldiers side in order to strengthen the army systems. The game of football, which is within the concept of sports, continues to exist as a very popular game in today's world. The modern world also finds itself an important place within the industrial system, with the football game being at the forefront and becoming the center of attention. However, the system of football played today has its basic forms in ancient

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