

# 4.

## Chapter

# COACH AND ATHLETE RELATIONSHIP DURING COVID - 19 PROCESS

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### **1. Introduction:**

Communication plays an important role in the self-definition, expression and being a part of the social structure of the individual who has been interacting with other people and his environment since the day he started living (Mutlu, 1994). Mankind has not only influenced others and its environment, but also created social and cultural establishments by creating certain rules and values in order to survive. By protecting their traditions and cultural identities through communication, they also had the opportunity to spread their new ideas and values (Mutlu, 1994).

Communication can be defined as the process by which people create and regulate social reality collectively; communicating information, ideas, emotions, skills, using symbols; the process of sharing the information with each other in order to create information and reach mutual understanding; the fact that the information and thoughts are understood by everyone in the same way and with the same value or understandable for everyone, sharing and ensuring mutual influence (Dökmen, 2005). From this point

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