



Güven AKÇAY¹

Giriş

Travmatik beyin hasarı, dünya çapında önde gelen mortalite ve morbidite nedenidir. Travmatik beyin hasarı sonrası kişilerde sıklıkla motor, bilişsel ve sensoriyel fonksiyon kaybı görülür. Travmatik beyin hasarı, ölüm, sakatlık ve ruhsal bozukluklar gibi önemli sağlık sorunlarına yol açar. Travmatik beyin hasarı, tüm dünyada giderek artan sağlık sorunu olmaya devam etmektedir. Her yıl yaklaşık 1,7 milyon insanın kafa travması geçirdiği ve bu bireylerden yaklaşık 50.000 kişinin hayatını kaybettiği tahmin edilmektedir. Travmatik beyin hasarı her yaşta ve popülasyonda görülmesine rağmen, vakanın en yüksek olduğu yaş popülasyonunu çocuklar ve yaşlılar oluşturur. Düşme, sportif faaliyetler ve motorlu araç kazaları travmatik beyin hasarının en büyük risk faktörü olarak karşımıza çıkar. Travmatik beyin hasarına yönelik teşhis ve tedavi yöntemlerinin geliştirilmesi için nöropatolojisinin altında yatan moleküler ve hücrel mekanizmaların bilinmesi gerekir. Bundan dolayı farklı modellerde tanımlanmış hafif, orta ve şiddetli deneysel travmatik beyin hasarı modelleri kullanılır. Travmatik beyin hasarının hayvan modellerini genel olarak fokal, difüz ve karışık hasar olarak sınıflandırılır. Travmatik beyin hasarı deneysel araştırmalarında sıvı perküsyon, kontrollü kortikal etki, ağırlık düşürme ve patlama dalgası en sık tercih edilen modellerdir. Bu bölümde, travmatik beyin hasarı için mevcut kemirgen modellerinin güçlü ve zayıf yönleri açıklanacaktır.

¹ Dr. Öğr. Üyesi, Hitit Üniversitesi Tıp Fakültesi, Biyofizik AD., guvenakcayibu@gmail.com

için bir puan verilir: 13–18, şiddetli hasar; 7–12, orta orta hasar; 1-6, hafif hasar. Deneysel çalışmalarda nörolojik şiddet skoru ve motor fonksiyon testleri gibi davranış değişiklikleri değerlendirilmesinin yanında kilo kaybı ve kafa içi basınç artışı gibi fizyolojik değişiklikler; enfarktüs hacmi ve nöronal kayıp gibi histolojik değişiklikler de kullanılır (8, 79, 80).

Sonuç ve Öneriler

Travmatik beyin hasarı, ölüm ve sakatlığın önde gelen nedenlerinden biridir. TBH beyin dokusunun mekanik olarak bozulmasına neden olan dış gücün ve hasarı şiddetlendiren gecikmiş patojenik olayların sonucudur. Bu patojenik yaralanma süreçleri yeterince anlaşılmamıştır ve bu nedenle şimdiye kadar etkili nöroprotektif tedavi mevcut değildir. Deneysel modeller, TBH'nin fizyolojik ve patofizyolojik mekanizmalarının araştırması, yeni terapötik ajanları test edilmesi, klinik denemelerin güvenli ve başarılı olmasını sağlamak için hayvan modelleri gereklidir. İnsan TBH ile ilişkili farklı yaralanma mekanizmalarını modellemek için çeşitli kemirgen TBH modelleri geliştirilmiştir. Travmatik beyin hasarının kemirgen modelleri arasında en sık kullanılanları sıvı perküzyon, kortikal kontüzyon etki, ağırlık düşürme ve patlama dalgası modelleridir. Travmatik beyin hasarında meydana gelebilecek olayların tamamı tek bir kemirgen modeliyle kapsamamayacağından, belirli bir modelin tasarımı ve seçimi sinirbilimciler için büyük bir zorluk teşkil etmektedir. Bu bölümde, travmatik beyin hasarı için mevcut kemirgen modellerinin güçlü ve zayıf yönleri açıklanmıştır.

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