

Bölüm 11

PLASENTA İNVAZYON ANOMALİLERİ

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Plasenta invazyon anomalileri, plasentanın myometriuma değişik derecelerde anormal olarak yapışmasıdır. Günümüzde bu invazyon anomalilerinin sıklığında artış vardır. Artışın asıl nedeni artmış sezeryan sayılarıdır. Plasenta invazyon anomalisi görülen hastaların tedavisi (PİA; plasenta akreata, inkreata veya perkreata) geniş ölçüde değişiklik göstermektedir. PİA ; maternal mortalite ve morbiditenin en önemli nedenlerindedir. Peripartum kanama ve plasentanın doğurtulması sırasında aşırı kanama riski vardır, histerektomi sıklıkla gerekebilir, mesane, üreter ve barsak yaralanma riski artmıştır, yoğun bakım gereksinimi artar. Tedavisi için öneriler olgu serileri ve sunumları, kişisel deneyim, uzman görüşü ve iyi klinik değerlendirmeye dayanmaktadır. Plasenta akreata, inkreata ve perkreata tedavisi perkreata ekstrauterin dokuya yayılmadığı sürece temelde benzerdir. PİA, multi-disipliner preoperatif ve intraoperatif değerlendirme gereken klinik durumlardan birisidir ve perinatalog, jinekolog-onkolog, ürolog, anesteziolog, neonatologtan oluşan bir takım ile mutlaka III. düzey merkezlerde yaklaşım planlanmalıdır.

ETYOLOJİ VE PLASENTA İNVAZYON ANOMALİSİ ŞÜPHESİNDE PRENATAL BAKIM

Plasenta invazyon anomalilerinde etyoloji kesin olarak bilinmemektedir. Ancak çeşitli teoriler vardır. Bunlar defektif desidualizasyon , aşırı ekstrasvillöz trofoblastik invazyon ve histerotomi skarında defektif vasküler remodeling olarak sayılabilir. Patolojik invazyon derinliğini belirleyen faktörler de bilinmemektedir. Risk faktörleri plasenta previa varlığı, geçirilmiş uterin cerrahi, maternal yaş, multiparite, uterin küretaj, uterin radyasyon, endometrial ablasyon, Asherman sendromu, myomlar , uterin anomaliler, sigara, IVF gebelikler ve hipertansif hastalıklar olarak sayılmaktadır. PİA'dan şüphe edilen tüm hastalara, tanı ve muhtemel sekeller

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riski düşünülürdüğünde görüntüleme bulgularına dayanarak bir sezaryen histerektomisinin önerilmesinin tedavi için en mantıklı ve güvenli yaklaşım olduğuna inanılmaktadır. Sezaryen histerektomisinin planlanması ve plasentanın hareket ettirilmeden in situ bırakılması önerilmektedir. Stabil hastalarda doğum , gebeliğin 34+0 ila 35+6 haftaları arasında planlanmalıdır. Prosedür, pelvis hemorajisini ve bunun komplikasyonlarını tedavi edebilecek deneyime sahip uzmanların bulunduğu bir hastanede planlanmalıdır. Antenatal kortikosteroidler, standart kılavuzlara göre uygulanmaktadır. Plasenta implantasyon anomalisi görülen gebelik doğumları sırasında veya sonrasında hemorajinin azaltılması için mevcut ise balon kateterli veya arteriyel embolizasyonlu profilaktik endovasküler girişim uygulanabilir. Nadir durumlarda, gelecekte çocuk sahibi olmak istenirse ve risklerle ilgili olarak yoğun bir şekilde danışıldıktan sonra uterin koruyucu cerrahi denenebilir (51,52,53,54,55).

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