

Bölüm 43

Tubal Sterilizasyon

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1. GİRİŞ

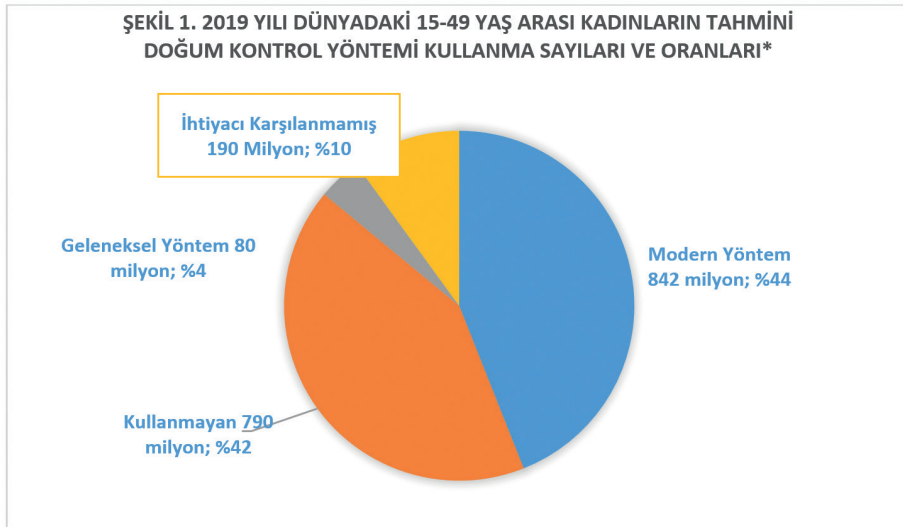
Kadın sterilizasyonu (tüp ligasyonu, tubal sterilizasyon), kadınlar için kalıcı kontrasepsiyon sağlamak için yapılan birkaç farklı prosedürü ve tekniği tanımlayan genel bir terimdir. Bu teknikler içinde en yaygın kullanılanlar, tubaloklüzyon ve tubaleksizyondur. Her iki yöntem ile de spermin alt genital sistemden oosite ulaşması bloke edilir.

2019 Yılı itibari ile dünyada üreme döneminde (15-49 yaş aralığında) 1.9 milyar kadının olduğu tahmin edilmektedir. Bunların yaklaşık olarak 1.1 milyarı doğum kontrol yöntemine ihtiyaç duymaktadır. 842 milyon kadın modern doğum kontrol yöntemleri ile korunurken 80 milyon kadın gele-

neksel yöntemlerle korunmaya çalışmaktadır(Şekil 1)[1].

Dünyada en fazla kullanılan kontrasepsiyon yöntemi kadın sterilizasyonudur. 2019 yılı itibari ile tüm dünyada üreme çağındaki kadınların yaklaşık olarak 219 milyonunun (yaklaşık %24'ünün) kadın sterilizasyonu ile korunduğu tahmin edilmektedir[1].

Ülkemizde ise 2013 yılında yapılan Türkiye Nüfus ve Sağlık Araştırması Raporu'na göre üreme çağındaki kadınlarda, kadın sterilizasyon oranı %6.6'dır[2]. 2019 yılında yayınlanan birleşmiş milletler raporuna göre ise ülkemizde kadın sterilizasyon oranı %6.3'dür[1].



*Birleşmiş Milletler 2019 Yılı Raporu [1]

Kaynaklar

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