

## Bölüm 18

# MEME KORUYUCU CERRAHİ ENDİKASYONLARI VE TEKNİKLERİ

Oruç Numan GÖKÇE<sup>1</sup>

### MEME KORUYUCU CERRAHİ

Meme kanseri tedavisinde üç amaç vardır; optimal lokal kontrol, optimal rejyonel kontrol ve uzak rekürrens riskinin uygun sistemik tedavi ile azaltılması<sup>(1)</sup>.

Meme koruyucu cerrahi (MKC) meme kanserinin temiz cerrahi sınırlar ile temizlenmesi anlamına gelir. “Lumpektomi”, “geniş lokal eksizyon”, “parsiyel mastektomi”, “segmental rezeksiyon”, “tyelektomi”, “kadranektomi” terimleri MKC yerine kullanılır<sup>(2)</sup>.

Primer tümörün ve çevre normal dokunun cerrahi eksizyonu MKC ile ardından tüm memeye radyasyon tedavisi verilmesine Meme Koruyucu Tedavi (MKT) denilir,<sup>(3-5)</sup> evre I ve II invaziv meme kanserlerinde mastektomiye eşdeğer survival değerlerine sahiptir<sup>(4,6,7,8)</sup>. Radyoterapi ile birlikte MKC günümüzde low grade meme kanserlerinde Standard tedavidir<sup>(6,9)</sup>. Aksiler lenf nodlarının cerrahi değerlendirilmesi MKC nin alışlagelmiş bir parçası olmakla birlikte meme ve aksillanın bağımsız değerlendirilmesi gerektiği ve aksiller lenf nodu pozitifliğinin MKC ye kontraendikasyon oluşturmadığı kararlaştırılmıştır<sup>(3)</sup>.

MKT alan hastalar mastektomi olanlarla karşılaştırıldığında; MKT alan hastalarda ömür boyu düşük düzeyde devam eden meme içi rekürrens riski görülmüştür, lokal rekürrens riskinin fazla olmasına karşın ne uzak metastaz oluşumunda ne de genel sağ kalımda anlamlı fark bulunmamıştır<sup>(1,5,10)</sup>.

Yapılan bir çalışmada lokal tümör rekürrensi %1-%1,5/yıl olarak gösterilmiş ve bu riskin radyoterapi kullanılmadığında belirgin arttığı belirtilmiştir<sup>(8)</sup>.

Genel sağkalıma lokal nüks nedenli negatif etkiyi sınırlamak için genel kabul yıllık lokal nüks oranının yılda %1 lerde ya da 10 yılda ≤%10 olmasıdır. Güncel toplum bazlı incelemeler ve hastane bazlı çalışmalar meme koruyucu sonrası

<sup>1</sup> Doktor Öğretim Üyesi, Çanakkale Onsekiz Mart Üniversitesi Tıp Fakültesi, orucnumangokce@gmail.com

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