

NÖTROPENİK ENTEROKOLİT (TİFLİT)

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Giriş

Nötropenik enterokolit, diğer adıyla tiflit, çoğunlukla nötropenik hastalarda meydana gelen bir nekrotizan enterokolittir (1). Tiflit kelimesinin kökeni Yunanca “typholos (kör)”, bundan türetilen “typhlon (çekum)” kelimelerine uzanmakta ve ileoçekal bölgenin bir hastalığı olarak düşünüldüğünden “typhlitis” olarak adlandırılmaktadır (2). Kanser kemoterapisi sonrasında nötropeni gelişen hastalarda hayatı tehdit eden bir komplikasyon olarak karşımıza çıkmaktadır (3). Nötropenik enterokolit, sitotoksik kemoterapi sonrası nötropenik olan ve gastrointestinal mukozal bütünlüğün bozulduğu hematolojik malignitesi olan hastalarda daha çok görülmektedir. Hastalık; ateş, genellikle sağ alt kadranda olan karın ağrısı, çekum, komşu ileum ve çıkan kolonda kalınlaşma ile karakterizedir (4).

Hastalık, ilk kez indüksiyon kemoterapisi alan akut lösemili çocuklarda tanımlanmıştır (2). Daha sonra sırasıyla; akut lösemi (özellikle myeloid lösemi), lenfoma, multiple myeloma, myelodisplastik sendrom, aplastik anemi, edinsel immün yetmezlik sendromu (AIDS), siklik veya ilaç ilişkili nötropeni tanılı hastalar ile solid tümör ve/veya transplantasyon için verilen immün-süpresif tedaviler sonrasında da tanımlanmaya başlamıştır (5-7). Hastalığın tanı ve tedavisini daha iyi anlamak adına aşağıda iki adet olgu sunulmuştur:

Olgu-1: 26 yaşında erkek hasta, akut myeloid lösemi tanısı ile remisyon-indüksiyon kemoterapisi için yatırıldı. Daunorubisin (90mg/m² i.v. 1-3. günler) ve sitarabin (200mg/m² i.v. 1-7. günler) içeren kemoterapi rejimi başlandı. Başvuru anında ateşi ve ağır nötropenisi olması üzerine ampirik sefepim anti-

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3. Nötropenik enterokolit tanılı bir olguda cerrahi endikasyonlardan olmayan aşağıdakilerden hangisidir?

- A) Peritonda serbest hava
- B) Sebat eden gastrointestinal kanama
- C) Genel durumda kötüleşme
- D) Beyaz küre sayısının $20.000/\text{mm}^3$ üzeri olması
- E) Akut apandisit gelişmesi

Cevaplar: 1-C, 2-B, 3-D

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