

## Chapter 8

# ELECTROCARDIOGRAPHIC FINDINGS OF NARROW QRS COMPLEX TACHYCARDIAS

Alper KEPEZ<sup>1</sup>

### Introduction

Twelve derivation electrocardiography (ECG) obtained both during sinus rhythm and tachycardia may give important clues about the tachycardia mechanism. Information obtained from ECG may be valuable for clinical diagnosis and may increase the safety and success of electrophysiological study (EPS) and ablation procedures.

Tachycardia with QRS duration <120 ms is considered to be a 'narrow QRS complex tachycardia' and tachycardia with QRS duration  $\geq$  120 ms is considered to be a 'wide QRS complex tachycardia' on surface ECG. Narrow QRS complex tachycardias are usually of supraventricular origin; however certain rare type ventricular tachycardias (VT) may also manifest themselves with narrow QRS on ECG. Differential diagnosis for the wide QRS complex tachycardia includes VT, aberrantly conducted supraventricular tachycardia (SVT) and preexcitation.

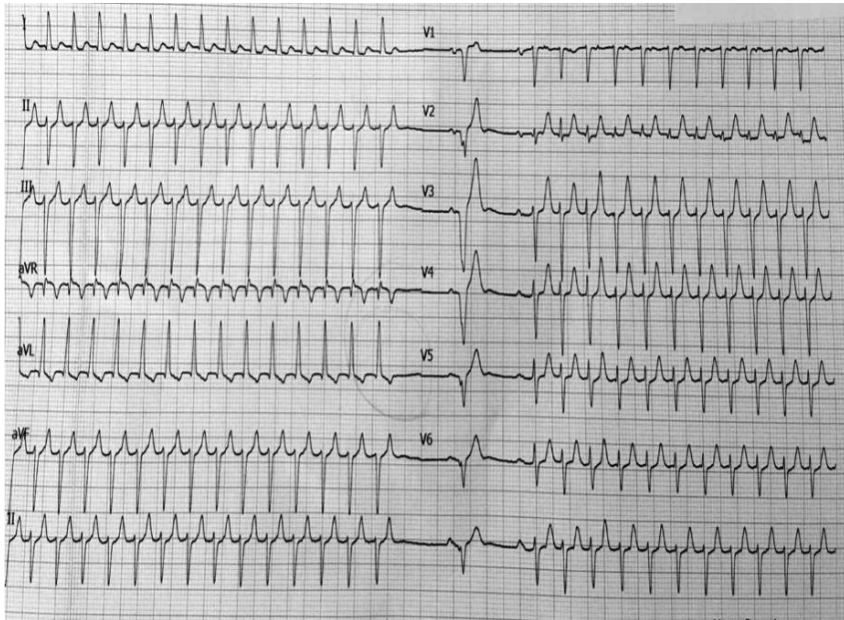
In this chapter narrow QRS complex tachycardias will be evaluated and clues from surface ECG will be emphasized for each type of narrow QRS complex tachycardia.

### Electrocardiography In Narrow QRS Complex Tachycardias

#### *Irregular Narrow QRS Complex Tachycardia:*

Common causes of narrow QRS complex tachycardia with irregular ventricular activation include atrial fibrillation (AF), multifocal atrial tachycardia (MAT) and atrial tachycardia related with irregular ventricular conduction. Atrial fibrillation is characterized by irregular and continuous atrial activation without discernible isoelectrical line on surface ECG. Irregular atrial activation is conducted to ventricles irregularly by AV node and ventricular activation also becomes irregular (QRS complexes with irregularly irregular time intervals). In MAT different autonomic foci stimulate atrium at different rates, however there is discernible isoelectric line between atrial depolarizations. In atrial tachycardia related with irregular ventricular conduction there is rapid and repetitive atrial activation and variable conduction through AV node gives rise to irregular ventricular activation.

<sup>1</sup>Doç Dr., Marmara Üniversitesi Tıp Fakültesi Kardiyoloji Anabilim Dalı, İstanbul. E-mail: alperkepez@yahoo.com.



**Figure 8:** ECG tracing of a patient with orthodromic AVRT. Tachycardia terminates with p wave. In the middle a preexcited beat is seen. A parahisian accessory pathway was identified in this patient during electrophysiological study. After preexcited beat tachycardia initiates with long PR interval. It is possible that tachycardia uses slow pathway as antegrade limb and accessory pathway as retrograde limb during the tachycardia. Note the alteration in QRS voltage during the tachycardia which also suggests AVRT.

## Conclusion

A careful examination of ECG during narrow QRS complex tachycardia usually gives important clues for the diagnosis. Configuration of p waves and QRS complex and their relationship with each other should be examined during tachycardia. Initiation and termination of tachycardia may also give important clues related with mechanism of narrow QRS complex tachycardia. Examination of ECG obtained during sinus rhythm may facilitate recognition of subtle alterations during tachycardia. Information obtained from ECG is valuable for diagnosis and appropriate therapy of narrow QRS complex tachycardias.

## References

- Almendral J, Castellanos E, Ortiz M. (2012). Paroxysmal supraventricular tachycardias and preexcitation syndromes. *Rev Esp Cardiol* 65(5): 456-469. doi: 10.1016/j.recesp.2011.11.026
- Arruda MS, McClelland JH, Wang X, Beckman KJ, Widman LE, Gonzales MD, Nakagawa H, Lazzara R, Jackman WM. (1998). Development and validation of an ECG algorithm for identifying accessory pathway ablation site in Wolff-Parkinson-White syndrome. *J Cardiovasc Electrophysiol* 9 (1): 2-12.

Butta C, Tuttolomondo A, Di Raimondo D, Milio G, Miceli S, Attanzio MT, Giarrusso L, Licata G, Pinto A. (2013). The supraventricular tachycardias: Proposal of a diagnostic algorithm for the narrow complex tachycardias. *J Cardiol* 61(4): 247-255. doi: 10.1016/j.jjcc.2012.11.008.

Gonzalez-Torrecilla E, Arenal A, Atienza F, Datino T, Atea LF, Calvo D, Pachon M, Miracle A, Fernandez-Aviles F. (2011). ECG diagnosis of paroxysmal supraventricular tachycardias in patients without pre-excitation. *Ann Noninvasive Electrocardiol* 16 (1): 85-95. doi: 10.1111/j.1542-474X.2010.00399.x.

Kistler PM, Roberts-Thomson KC, Haqqani HM, Fynn SP, Singarayar S, Vohra JK, Morton JB, Sparks PB, Kalman JM. (2006). P-wave morphology in focal atrial tachycardia: Development of an algorithm to predict the anatomic site of origin. *J Am Coll Cardiol* 48 (5): 1010-1017. doi: 10.1016/j.jacc.2006.03.058.

Kusumoto, F. (2010). Atrial flutter. Kusumoto F (Ed.) *Understanding Intracardiac EGM's and ECG's* (p. 60-85) Chichester, UK. Wiley-Blackwell Publishing 2010.

Porter MJ, Morton JB, Denman R, Lin AC, Tierney S, Santucci PA, Cai JJ, Madsen N, Wilber DJ. (2004). Influence of age and gender on the mechanism of supraventricular tachycardia. *Heart Rhythm* 1(4): 397-398. doi: 10.1016/j.hrthm.2004.05.007.

Tada H, Nogami A, Naito S, Suguta M, Nakatsugawa M, Horie Y, Tomita T, Hoshizaki H, Oshima S, Taniguchi K (1998). Simple electrocardiographic

criteria for identifying the site of origin of focal right atrial tachycardia. *Pacing Clin Electrophysiol* 21 (11 Pt 2): 2431-2439.

Tang CW, Scheinman MM, Van Hare GF, Epstein LM, Fitzpatrick AP, Lee RJ, Lesh MD. (1995). Use of Pwave configuration during atrial tachycardia to predict site of origin. *J Am Coll Cardiol* 26 (5): 1315-1324. doi: 10.1016/0735-1097(95)00307-x.

Teh AW, Kistler PM, Kalman JM. (2009). Using the 12-lead ECG to localize the origin of ventricular and atrial tachycardias: Part 1. Focal atrial tachycardia. *J Cardiovasc Electrophysiol* 20 (6): 706-709. doi: 10.1111/j.1540-8167.2009.01456.x.

Zhong YM, Guo JH, Hou AJ, Chen SJ, Wang Y, Zhang HC. (2006). A modified electrocardiographic algorithm for differentiating typical atrioventricular node re-entrant tachycardia from atrioventricular reciprocating tachycardia mediated by concealed accessory pathway. *Int J Clin Pract* 60 (11): 1371-1377.