

## Bölüm 2

# DENTAL İMPLANTLARIN YÜZEY ÖZELLİKLERİ VE DEKONTAMİNASYON TEKNİKLERİ

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### Giriş

Dental implantların uzun dönem etkinliği genellikle alveoler kemik içerisindeki başarılı ve hızlı iyileşmeye dayanmaktadır. Dental implantların makro, mikro ve yüzey özelliklerinin kısa ve uzun dönem implant başarısı üzerine etkisi literatürde tartışılmaktadır.

Branemark ve arkadaşları tarafından ilk defa “osseointegrasyon” terimi ‘titanyum implantların yumuşak dokularla ve canlı kemik doku ile enflamasyon olmaksızın yapısal olarak kaynaşması’ olarak tarif edilmiştir (Branemark & ark., 1977). Araştırmacılar tarafından osseointegrasyon teriminin klinik olarak ‘fonksiyonel yükleme sırasında klinik olarak asemptomatik olan implantın yüzeyi ile kemik arasında rijit bağlantının bulunması ve idamesi’ olarak açıklanması önerilmiştir (Zarb & Schmitt, 1991). Kemik doku ile implant arasındaki bu yapısal ve fonksiyonel birleşim implant yüzey yapısından ve dolayısıyla osseointegrasyon derecesi ile ilişkili olarak yüzey özelliklerinden etkilenmektedir. Dental implantların niteliği implant yüzeyinin kimyasal, fiziksel, mekanik ve topografik özelliklerine bağlıdır (Grassi & ark., 2006).

### İmplant Yüzey Topografisi

Dental implantlar farklı materyaller, gövde şekilleri, çap, uzunluk, platform, yüzey özellikleri ve yüzey kaplamalarından oluşmaktadır. Birçok yüzey modifikasyonu, kumla veya asitle pürüzlendirilme, pöröz-sinterleme, oksitlenme gibi çeşitli tekniklerle implantların klinik performanslarını artırmak amacıyla uygulanmaktadır. Ayrıca farklı saflık derecelerine sahip titanyumlar, titanyum alaşımları ve zirkonyum gibi çeşitli materyallerde implant yapımı için kullanılmaktadır.

İmplant yüzeyi, implant yüzeyinden madde kaybı ile ya da implant yüzeyine ilave materyaller eklenerek pürüzlendirilmektedir. Yüzey pürüzlülüğü iki farklı sembole belirtilir. Yüzey pürüzlülüğünün iki boyutlu parametresi Ra olarak tanımlanırken üç boyutlu parametresi Sa olarak tanımlanır (Wennerberg & Albrektsson, 2009). Dental implant yüzeyleri pürüzlülük derecelerine göre dört farklı sınıfta gruplandırılmaktadır. Düz yüzeye sahip implantlarda Sa değeri 0,5 µm’den küçük iken, minimal

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İmplant yüzey dekontaminasyonunun gallium-aluminum-arsenide (GaAlAs) s diod lazer ile yapıldığı bir çalışmada kemik-implant ara yüzünde, lazere bağlı olarak bir sıcaklık artışı olduğu belirtilmiştir. Diod lazer ile yapılan bir çalışmada, bir dakika lazer uygulamasından sonra peri-implant bölgede *Aggregatibacter actinomycetemcomitans* (*A. actinomycetemcomitans*), *P. gingivalis* ve *Prevotella intermedia* (*P. intermedia*) sayılarında bir azalma olduğu ancak bu mikroorganizmaların tam olarak elimine edilemediği belirtilmektedir (Schwarz & ark. 2009). Buna karşın dalga boyu 1064 nm olan neodymium doped yttrium aluminum garnet (Nd: YAG) lazer ile yapılan bir çalışmada enfekte implant yüzeylerine zarar vermeden etkili bir dekontaminasyon oluşturulduğu gösterilmiştir (Gonçalves & ark., 2010).

### **Fotodinamik Terapi**

Fotodinamik terapi, fotosensitizer olarak çeşitli kimyasal çözeltilerin kullanılarak mikroorganizmalar, hücreler veya moleküllerin inaktivasyonunu sağlayan ışık olarak tanımlanmaktadır. Fotodinamik terapi, düşük aktivasyonlu dezenfeksiyon ve fotodinamik aktivasyonlu kemoterapi olmak üzere iki bölüme ayrılmaktadır ve implant yüzeylerinde lazer ışınlarına göre bakteri eliminasyonu açısından daha etkindir. Fotodinamik terapide fotosensitizer olarak, toluidin mavisi, metilen mavisi, azulen solüsyonu gibi ajanlar kullanılmaktadır (Dörtbudak & ark., 2001). Klorheksidin, fotodinamik terapi (metilen mavisi ve lazer), sadece lazer ve kontrol gruplarının karşılaştırıldığı bir çalışmada lazer olarak GaAlAs (660nm, 30mW) kullanılmış; CHX ve fotodinamik terapinin uygulandığı grupların diğer gruplara göre daha başarılı sonuçlar verdiği bildirilmiştir (Raghavendra, Koregol & Bhola, 2009). Toluidin mavisi ile beraber düşük doz lazer uygulamasının implant yüzeyindeki *A. actinomycetemcomitans*, *P. gingivalis* ve *P. intermedia* oranlarını düşürdüğü rapor edilmiştir (Marotti & ark., 2013).

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