

## Chapter 17

### CURRENT TREATMENT OF ACUTE MYELOID LEUKEMIA

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#### INTRODUCTION

The syndrome of acute myeloid leukemia (AML) includes a heterogeneous group of cancers of blood cells that arise from clonal expansion of malignant hematopoietic precursor cells. Acute myeloid leukemia is the most frequent acute leukemia of adults and has an unfavorable prognosis (Schiffer&Anastasi, 2014). Recent advances in acute myeloid leukemia biology and its genetic landscape should ultimately lead to more subset specific AML therapies, ideally tailored to each patient's disease. Although a growing number of distinct AML subsets have been increasingly characterized, patient management has remained disappointingly uniform (Dombret&Gardin, 2016).The WHO continues to define specific acute myeloid leukemia disease entities by focusing on significant cytogenetic and molecular genetic subgroups. If one excludes acute promyelocytic leukemia, current AML management still relies largely on intensive chemotherapy and allogeneic hematopoietic stem cell transplantation (HSCT). Core therapy for AML has remained unchanged for nearly 30 years and survival rates remain unsatisfactory. Mutational profiling has fundamentally changed our approach to patients with acute myeloid leukemia. However, advances in the immunotherapy of AML have created opportunities for improved outcomes. In the last 2 years, at least 5 new treatments for acute myeloid leukemia have become more widely available: CPX-351, a liposomal form of daunorubicin and cytarabine; midostaurin, a multikinase inhibitor with potency against AML with mutations in the FMS-like tyrosine kinase 3 (FLT3) gene; gemtuzumab ozagomicin (GO), the humanized monoclonal antibody-drug conjugate; and enasidenib and ivosidenib, oral inhibitors of isocitrate dehydrogenase-2 (IDH2) and IDH1, respectively (Michaelis, 2018).

In the last decade with the identification of molecular genetic disorders involved in the pathogenesis of AML; it is possible to confirm the diagnosis, to determine the prognosis and to develop treatment options for these goals. In this article we will discuss the current management of acute myeloid leukemia.

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with azacitidine, decitabine, or low dose cytarabine. Venetoclax was approved by the FDA for use in combination with low dose cytarabine or a hypomethylating agent in newly diagnosed AML in patients  $\geq 75$  years old or who have comorbidities that preclude the use of intensive induction chemotherapy (Larson & Schmader, 2017).

Targeted immunotherapy: A variety of therapeutic antibodies directed against AML antigenic targets (eg, CD33, CD123, CLEC12A), bispecific T-cell engagers, or dual-affinity retargeting molecules as well as engineered chimeric antigen receptor T cells targeting the CD33 and CD123 antigens are currently in early clinical trial (Döhner et al., 2017).

## **CONCLUSION**

The current standard of care for the treatment of adults with AML remains suboptimal. Scientific advances are helping better understand the biological differences among different patients' leukemias and identifying potential targets for novel therapies. So it should become mandatory to routinely molecularly characterize cases of newly diagnosed AML to identify these targets before therapy.

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