

Chapter 3

TREATMENT WITH CELL CYCLE INHIBITORS IN HORMONE POSITIVE METASTATIC BREAST CANCER

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The cell cycle is a carefully controlled process in human body and is essential for maintenance and renewal of damaged tissues for functioning organs. However in cancer cells, control of cell cycle is impaired or lost resulting in uncontrolled cell proliferation and avoidance of cell death. Development of agents with the ability of interfering with cell cycle progression in malignant cells is the subject of active investigations. Recent trials in breast cancer patients have shown that cell cycle regulator agents such as selective cyclin dependent kinase (CDK 4/6) inhibitors have important therapeutic effects in metastatic hormone receptor positive breast cancer patients. In this chapter, mechanism of cell cycle regulators, current and potential utilization of CDK 4/6 inhibitors in the management of breast cancer are reviewed.

INTRODUCTION

Breast cancer can be subdivided to different groups by means of expression of hormone receptors, human epidermal growth factor receptor 2 (HER2) overexpression and expression of Ki67 protein. Each of these subgroups carry different prognostic features and therapies and outcomes vary according to the this classification.

Although survival and response rates have greatly improved with the progress made in the field of systemic therapies, recurrence in early stage disease and progression in metastatic cancer remain significant challenges. Standard therapy at advanced stage hormone positive (HR) HER2 negative breast cancer includes anti hormonal agents and chemotherapeutic drugs. The cyclin-dependent kinase 4 and 6 (CDK4/6) inhibitors are the latest agents added to our armamentarium against hormone receptor positive breast cancer. Currently three CDK4/6 inhibitors palbociclib, ribociclib, and abemaciclib are in clinical use.

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CONCLUSION

Hormone receptor positive breast cancer represents the largest subgroup of breast cancer spectrum. Although anti hormonal treatment has been largely successful in the metastatic setting development of resistant disease is a rule and drugs which can prolong survival of the HR positive advanced stage breast cancer patients are needed. CDK 4/6 inhibitor therapy by interfering with cell cycle progression has lead to marked prolongation of disease control in this setting and became the new standard of treatment. Understanding resistance mechanisms, identification of sensitive subgroups and discovery of novel agents which an enhance the effectivity of cycle inhibitors other than anti hormonal agents will further strengthen the role of CDK 4/6 inhibitors in the field of cancer treatment.

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