

Bölüm 1

DİFFÜZ BÜYÜK B HÜCRELİ LENFOMA

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EPİDEMİYOLOJİ

Diffüz büyük B hücreli lenfoma (DDBHL) gelişmiş ülkelerde Non-Hodgkin Lenfoma (NHL) vakalarının yaklaşık %25 oran ile en yaygın histolojik alt tipidir (1, 2). DDBHL'nın oldukça heterojen morfolojik, genetik ve biyolojik davranış tarzına sahip olduğu bilinmektedir. USA ve İngiltere'de yaklaşık olarak her yıl 100.000'de 7 yeni vaka bildirilmektedir (3). Tüm Avrupa'da yaklaşık 100.000 vakada 4.92 oranda görülmektedir (4). Diğer NHL'larda olduğu gibi %55 oranda erkek cinsiyette daha fazla görülmektedir. İnsidans yaşla birlikte artar, tanı için median yaş 64'tür. Fakat siyahilerde ve kafkas ırkında daha erken yaşta ortaya çıkmaktadır (5). Hem DDBHL hem NHL'ların diğer alt gruplarında ailesel birlikte bildirilmiştir (6).

PATOGENEZ

DDBHL patolojisi oldukça heterojendir, sentroblastik, immünoblastik, T-hücre ya da histiyositten zengin ve anaplastik subtipleri bulunmaktadır. Primer mediastinal B-hücreli lenfoma (PMBL), primer santral sinir sistemi lenfoması (PCNSL) gibi patolojik varyantları da bulunmaktadır. Ayrıca DDBHL; KLL (Richter Sendromu), lenfoblastik lenfoma, foliküler lenfoma, marjinal zon lenfoma (MALT), splenik marjinal zon lenfoma gibi bazı düşük grade lenfomaların transformasyonu sonucu da oluşabilmektedir (7). Son zamanlarda, gen ekspresyonu profilinde saptanan gelişmeler ile morfolojik olarak fark göstermeyen tümörlerde belirgin gen ekspresyon heterojenitelerinin bulunduğu görülmüş, bu işaretlere göre B-hücre diferansiyasyonunun evresine göre DDBHL üç farklı subtip'e ayrılmıştır; germinal center B-cell (GBC) benzeri, aktive B-cell (ABC) benzeri ve primer mediastinal B-cell lenfoma (PMBL). Standart tedavi ile bu subtiplerde elde edilen hayatı kalım süresi farklıdır. Özellikle ABC subtipinin daha kötü sağkalım ile ilişkili olduğu retrospektif çalışmalarda bildirilmektedir (8). DB-BHL, AIDS ilişkili bir malignitedir. HIV ve EBV virüsünün NHL patogenezinde-

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