

BÖLÜM 15

PERİ-İMLANTİTİS: TEDAVİ YAKLAŞIMLARI

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GİRİŞ

Bu bölümde peri-implantitis tedavilerinin değerlendirilmesi iki bölüme ayrılmıştır: peri-implantitisin cerrahi olmayan tedavisi ve peri-implantitisin cerrahi tedavisi. Peri-implant hastalığının (mukozitis, orta veya şiddetli peri-implantitis) ciddiyetine bağlı olarak, tek başına cerrahi olmayan tedavi yeterli olabilir veya cerrahi olmayan tedaviyi takiben cerrahi tedavi ile aşamalı bir yaklaşım gerekli olabilir. Ek olarak antiseptikler, lokal veya sistemik antibiyotikler gibi yardımcı antimikrobiyaller, tek başına mekanik debridman ile veya mekanik plak kontrol protokolleri ile birlikte kullanılabilir. Ayrıca, implant çevresinde peri-implant biyofilm ve diş taşı oluşumunu önlemek için, motivasyon ve doğru ağız hijyeni uygulamaları yoluyla bireyin kendi enfeksiyon kontrolünün önemini vurgulamak gerekir.

Peri-İmplantitis Tedavisi

Peri-implantitis tedavisi için yayınlanan stratejilerin çoğu, esas olarak periodontitisli dişler için kullanılan tedavilere dayanmaktadır. Bunun nedeni diş ve implant yüzeylerindeki bakteriyel kolonizasyon benzerliğinin ve mikrobiyal biyofilmin peri-implant inflamasyonun gelişiminde benzer rol oynadığının kabul edilmesidir ⁽¹⁾. Peri-implantitis tedavisi için hem konservatif (cerrahi olmayan) hem de cerrahi tedaviler uygulanabilir. Cerrahi tedaviler, rezektif veya rejeneratif yaklaşımlar kullanılarak yapılabilir ⁽²⁾.

Peri-İmplantitisin Cerrahi Olmayan Tedavisi

Peri-implantitisin cerrahi olmayan tedavisinin temeli, yapışmış biyofilmin implant yüzeyinden debride edilmesi, bakteriyel yükün hastalığa neden olacak eşik seviyenin altına indirilmesi ve enfeksiyonun kontrolüdür ⁽³⁾. Dental implantların etrafında; periodontal ligamentin olmaması, pürüzlü implant yüzeyi ve farklı abutment bağlantı türleri gibi faktörler, sadece profesyonel tedaviyi tehlikeye

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