

**SÜRDÜRÜLEBİLİR TURİZMDE:  
DÖNÜŞÜMSEL TURİZM  
VE  
DÖNÜŞÜMSEL SEYAHAT**

**Doç. Dr. Hakan AKYURT**

© Copyright 2020

Bu kitabın, basım, yayın ve satış hakları Akademisyen Kitabevi A.Ş.'ne aittir. Anılan kuruluşun izni alınmadan kitabı tamamen ya da bölümleri mekanik, elektronik, fotokopi, manyetik kağıt ve/veya başka yöntemlerle çoğaltılamaz, basılamaz, dağıtılamaz. Tablo, şekil ve grafikler izin alınmadan, ticari amaçlı kullanılamaz. Bu kitap T.C. Kültür Bakanlığı bandrolü ile satılmaktadır.

**ISBN**

978-625-7275-47-7

**Kitap Adı**

Sürdürülebilir Turizmde:

Dönüşümsel Turizm ve Dönüşümsel Seyahat

**Yazar**

Doç. Dr. Hakan AKYURT

**Yayın Koordinatörü**

Yasin Dilmen

**Sayfa ve Kapak Tasarımı**

Akademisyen Dizgi Ünitesi

**Yayıncı Sertifika No**

47518

**Baskı ve Cilt**

Vadi Matbaacılık

**Bisac Code**

TRV000000

**DOI**

10.37609/akya.1477

**GENEL DAĞITIM**

**Akademisyen Kitabevi A.Ş.**

*Halk Sokak 5 / A*

*Yenişehir / Ankara*

*Tel: 0312 431 16 33*

*siparis@akademisyen.com*

**www.akademisyen.com**

## ÖNSÖZ

Turizme olan ilginin dünya genelinde artan bir ivme ile süre-gelmesi nedeni ile hem turizm işletmeleri hem turizm sektörü ile çalışan diğer işletmeler hem de ülke yönetimleri yeni arayışlar içine girmektedir. Turizm gelirlerinin dünya genelindeki ekono-mik krizlerden en az etkilenen sektörlerden biri olması, turizmin önemini ve değerini daha da artırmaktadır. Bu kapsamda turiz-me katılacak insanlara yönelik olarak yeni turistik ürünler ve cezbedici turizm destinasyonlarının araştırıldığı ve sürekli olarak bu konuda çalışmalar yapıldığı görülmektedir.

Turizmin ülke ve işletmelere sağladığı gelir oranının her yıl artması neticesinde, farklı turistik ürünlerin turistlere sunularak, turistik talebi sürdürülebilir bir biçimde artırmak en önemli turizm hedeflerinden biri haline gelmektedir. Dünya genelinde benzer turizm çeşitleri ve destinasyonlarının rekabet gücünün azalması, turizm gelirlerinden alınan payların düşmesi ile ülke yönetimleri ve turizm işletmeleri farklı turistik ürünler ortaya koymak zorunluluğundadır. İstihdam bakımından da ülkeler açı-sından en önemli sektörlerin başında gelen turizm sektörü, yeni turistik ürün arayışını sürekli olarak gerçekleştirmektedir.

Dönüşümsel seyahat ve dönüşümsel turizm kavramları özel-likle yabancı literatürde yer alan ve de farklılığı ortaya koymayı amaçlayan bir turizm çeşidi olarak ortaya çıkmaktadır. Bu

kitap ile amaçlanan, henüz ülkemizde yeni kavramlar olarak literatürde yer bulmaya başlayan dönüşümsel seyahat ve dönüşümsel turizm kavramlarının net olarak hangi unsurlardan oluştuğu, niteliği ve turizm sektörüne kazandıracaklarının ortaya konulmasını sağlamaktır. Her iki kavramda ülkemiz turizm literatüründe ve sektörel alanda yeni kavramlardır. Dönüşümsel seyahat ve dönüşümsel turizminin içeriğinin ve turizm sektöründe uygulamasının nasıl yapılması gerekliliğinin alt yapısının kurulması amacıyla ortaya çıkarılması amaçlanan bir eser olacağı düşünülmektedir. Bu eserin, hem turizm akademik literatüründe yapılacak yayılmlara yol göstermesi hem de turizm sektörüne yeni bir yaklaşım olarak faydalı olması beklenmektedir.

**Hakan AKYURT**

# İÇİNDEKİLER

ÖNSÖZ ..... iii

## BÖLÜM 1

DÖNÜŞÜMSEL TURİZM ..... 1

1.1. Dönüşüm Kavramı.....	1
1.1.1. Dönüşümsel Öğrenme.....	8
1.1.2. Dönüşümün İlkeleri.....	10
1.1.3. Kişisel Dönüşüm .....	13
1.1.4. Kişisel Dönüşümün Sonuçları .....	17
1.1.5. Turist Dönüşümü.....	19
1.2. Dönüşümsel Turizm Kavramı.....	23
1.3. Turizm Faaliyetleri ve Dönüşümsel Turizm .....	27
1.4. Dönüşümsel Turizm Unsurları .....	29
1.5. Dönüşümsel Turizm Türleri.....	35
1.5.1. Sağlık Turizmi .....	36
1.5.1.1. Fiziksel Amaçlı Sağlık Turizmi.....	37
1.5.1.2. Ruhsal Amaçlı Sağlık Turizmi Çeşitleri ..	37
1.5.2. İnziva Turizmi.....	42
1.5.3. Din Turizmi .....	43

1.5.4. Macera Turizmi .....	46
1.5.5. Ekoturizm .....	50
1.5.6. Eğitim-Öğrenme Amaçlı Turizm .....	56
1.5.7. Gönüllü Turizmi .....	58
1.6. Dönüşümsel Turizm Motivasyonları .....	61
1.7. Dönüşümcü Turistin Yapısal Özellikleri .....	71
1.8. Dönüşümsel Turizmde İnternet Kullanımı .....	76
1.9. Dönüşümsel Turizmde Konaklama .....	80
1.10. Dönüşümsel Turizmin Önemi ve Gelişimi .....	84
1.11. Sürdürülebilir ve Dönüşümsel Turizm İlişkisi ...	100
<b>BÖLÜM 2</b>	
<b>DÖNÜŞÜMSEL SEYAHAT .....</b>	<b>103</b>
2.1. Dönüşümsel Seyahat Kavramı.....	103
2.2. Dönüşümsel Seyahatin Önemi .....	107
2.3. Dönüşümcü Seyahat Turist Profili .....	115
2.4. Dönüşümsel Seyahat Destinasyonları .....	132
2.5. Dönüşümsel Seyahat Faaliyetleri.....	140
2.6. Dönüşümsel Seyahat Deneyimleri .....	147
<b>BÖLÜM 3</b>	
<b>GENEL DEĞERLENDİRME.....</b>	<b>157</b>
<b>KAYNAKLAR .....</b>	<b>167</b>

## KAYNAKLAR

- Advanturel Travel. (2020). *Research Reveals Adventure Travelers Primarily Motivated by Transformation*. <https://www.adventuretravel.biz/>. Erişim Tarihi: 02.09.2020).
- Akoğlan Kozak, M. ve Türk tarhan, G. (2012). Gönüllü Turizmine Kavramsal Bir Bakış. *Turizm&Araştırma Dergisi*, 2(1): 1-13.
- Akyurt, H. (2019). Dönüşümsel Turizm. (Ed: Ömer Özbeş), *Sosyal Bilimlerde Güncel Araştırmalar*. Ankara: Iksad Publications.
- Akyurt, H. ve Göktaş, S. (2020). Turistik Ürün Çeşitlendirilmesi Bakımından Dönüşümsel Seyahat: Türkiye'deki Potansiyel Dönüşümsel Seyahat Destinasyonlarının Belirlenmesi. *International Social Sciences Studies Journal*, Vol:6, Issue: 59; pp:1268-1281.
- Allman, T., Mittlestaedt, R. Martin, B. and Goldenberg, B. (2009). Exploring the motivations of BASE jumpers: extreme sport enthusiasts. *Journal of Sport and Tourism* 14(4), 229–247.
- Arslan, E. (2015). Antalya'nın Ekoturizm Açısından Değerlendirilmesi. *I. Eurasia International Tourism Congress: Current Issues, Trends, and Indicators* (EITOC-2015, (28-30 Mayıs 2015), Konya: Selçuk Üniversitesi, 138-146.
- Biallas, L. (2002). *Pilgrim: a Spirituality of Travel*. Quincy, Illinois: Franciscan Press.
- Brown, L. (2009). An ethnographic study of the friendship patterns of international students in England: an attempt to recreate home through conational interaction. *International Journal of Educational Research* 48; 184–193.
- Brymer, E. (2009). The role of extreme sports in lifestyle enhancement and wellness. Paper presented at the 26th ACHPER International Conference 'Creating Active Futures', Brisbane, Australia, 7–10 July.
- Brymer, E. (2010). Risk and extreme sports: a phenomenological perspective. *Annals of Leisure Research* 13(1/2), 218–239.
- Brymer, E. and Oades, L. (2009). Extreme sports: a positive transformation in courage and humility. *Journal of Humanistic Psychology* 49(1), 114-126.

- Buhalis, D. and Fletcher, J. (1996). Environmental Impacts on Tourist Destination: An Economic Analysis. *Sustainable Tourism Development*, UK: Avebury Publisher.
- Calvo Trujillo, C. (2020). *Turismo transformacional: Metamorfosis en Myanmar. Memòria del Treball de Fi de Grau*. Universitat De Les Illes Balears.
- Cameron, C. M. and Gatewood, J.B. (2003). Seeking numinous experiences in the unremembered past. *Ethnology; An International Cultural and social Anthropology* 42(1): 55-71.
- Carbone Roig, L. (2020). *Turismo Transformacional. Memòria del Treball de Fi de Grau*. Universitat De Les Illes Balears.
- Carpenter, C. (1994). The experience of spinal cord injury: The individual's perspective – implications for rehabilitation practice. *Physical Therapy* 74, 614–629.
- Clark, M. (1993). Transformational learning. In: Brockett, R. (ed. in chief) and Merriam, S. (vol. ed) *New Directions for Adult and Continuing Education*: No 57, An Update on Adult Learning Theory. Jossey-Bass, San Francisco, California, pp. 47–56.
- Collins, K., N. (2010). Researching pilgrimage: continuity and transformations. *Annals of Tourism Research*, 37 (2), 440-456.
- Coghlan, A. and Weiler, B. (2015). Examining transformative processes in volunteer tourism. *Current Issues in Tourism*. doi:10.1080/13683500.2015.1102209
- Cranton, P. (1994). *Understanding and Promoting Transformative Learning: a Guide for Educators of Adults*. Jossey-Bass, San Francisco, California.
- Curtin, S. (2005). Nature, wild animals and tourism: An experiential view. *Journal of Ecotourism*, 4(1), 1–15.
- De Botton, A. (2003). *The Art of Travel*. London: Penguin Press.
- Demir, C. ve Çevirgen, A. (2006). *Turizm ve Çevre Yönetimi Sürdürülebilir Gelişme Yaklaşımı*. Ankara: Nobel Yayın Dağıtım.
- Deville, A. (2011). Alice in WWOOFerLand: exploring symbiotic worlds beyond tourism. *PhD dissertation*. School of Leisure, Sport and Tourism, University of Technology, Sydney, Australia.
- Deville, A. and Wearing, S. (2015). WWOOFing Tourists: Beaten Tracks and Transformational Paths. Eds: Reisinger, Y. *Transformational Tourism: Host Perspectives*. Boston: CABI.
- Dirkx, J. (2006). Authenticity and imagination. In: Cranton, P. (ed.) *New Directions for Adult and Continuing Education: Authenticity in Teaching* (Vol. 111, pp. 27–39). Jossey-Bass, San Francisco, California.
- Dwyer L., Ateljević I., and Tomljenović R. (2017). Tourism Future: Towards Transformational Tourism. In: Dwyer L., Tomljenović R., Čorak S. (eds) *Evolution of Destination Planning and Strategy*. Palgrave Macmillan, Cham. [https://doi.org/10.1007/978-3-319-42246-6\\_14](https://doi.org/10.1007/978-3-319-42246-6_14)
- Edensor, T. (2001). Performing tourism, staging tourism: (re)producing tourist space and practice. *Tourist Studies* 1(1), 59–82.

- Emmons, R. (2000). Is spirituality an intelligence? Motivation, cognition, and the psychology of ultimate concern. *The International Journal for the Psychology of Religion* 19(1), 3–26.
- English, J. (2007). Cultivating new farmers: new organic programs are teaching young people the skills they need to make a living on the farm. *Mother Earth News* 220, 80–85.
- Farber, M. and Hall, T. (2007). Emotion and environment: Visitors' extraordinary experiences along the Dalton highway in Alaska. *Journal of Leisure Research*, 39(2), 248–270.
- Foley, R. (2011). Performing health in place: the holy well as a therapeutic assemblage. *Health and Place*. 17, 470– 479.
- Fu, X., Tanyatanaboon, M., and Lehto, X. (2015). Conceptualizing transformative guest experience at retreat centers. *International Journal of Hospitality Management*, 49, 83–92.
- Glisczinski, D. (2007). Transformative higher education: a meaningful degree of understanding. *Journal of Transformative Education* 5(4), 317–328.
- Glouberman, D. (2007). *The Joy of Burnout: How the End of the World Can Be a New Beginning*. London: Hodder and Stoughton.
- Grabowski, S. (2015). Acculturation, Re-entry and Transformation: the Story of a Volunteer Tourist. Eds: Reisinger, Y., *Transformational Tourism: Host Perspectives*. Boston: CABI.
- Hannam, K. and Ateljevic, I. (2007). Backpacker Tourism: Concepts and Profiles. *Channel View*, Clevedon, UK.
- Higham, James. (2007). Ecotourism: Competing and Conflicting Schools of Thought. (İçinde Editör: James Higham), *Critical Issues in Ecotourism: Understanding a Complex Tourism Phenomenon*, (ss.1-20). UK: Elsevier Ltd.
- Hirschorn, S. and Hefferon, K. (2013). Leaving it all behind to travel venturing uncertainty as a means to personal growth and authenticity. *Journal of Humanistic Psychology*, 53(3), 283–306.
- Holland-Wade, G. (1998). A concept analysis of personal transformation. *Journal of Advanced Nursing* 28(4), 713–719.
- Honey, M. (2008). Ecotourism and Sustainable Development: Who Owns Paradise? *Island Press*, Washington, DC.
- Hottolloa, P. (2004). Culture confusion – intercultural adaptation in tourism. *Annals of Tourism Research* 31(2),447–466.
- Houge Mackenzie, S. and Kerr, J. (2013). Stress and emotions at work: Adventure tourism guiding experiences in South America. *Tourism Management* 36, 3–14.
- Howell, B. and Dorr, R. (2007). Evangelical pilgrimage: the language of short-term missions. *Journal of Communication and Religion* 30, 236–265.
- Hudson, S. and Inkson, K. (2006). Volunteer overseas development workers: the hero's adventure and personal transformation. *Career Development International* 11(4), 304–320.

- International.com. (2020). *Wwoofing: an alternative travel option*. <https://fr.april-international.com/en/working-holiday-programme/wwoofing-alternative-travel-option>. (Erişim Tarihi: 17.07.2020).
- Kelly, C. and Smith, M.K. (2009). Holistic tourism: integrating body, mind and spirit. In: Bushell, R. and Sheldon, P. (eds) *Wellness and Tourism: Mind, Body, Spirit, Place*. Cognizant, New York, pp. 69–83.
- Kerr, J. and Houge Mackenzie, S. (2012). Multiple motives for participating in adventure sports. *Psychology of Sport and Exercise* 13, 649–657.
- Kim, Y. (2001). *Becoming Intercultural: an Integrative Theory of Communication and Cross-Cultural Adaptation*. Sage, Thousand Oaks, California.
- King, K. (2006). *Identifying Factors that Promote Perspective Transformation in Higher Education: a Model*. Eric Document Reproduction Service. No. ED 407596.
- Kirillova, K. Lehto, X. and Cai, L. (2017). What triggers transformative tourism experiences?, *Tourism Recreation Research*, 1-14. DOI: 10.1080/02508281.2017.1342349
- Korthagen, F. (2004). In search of the essence of a good teacher: towards a more holistic approach in teacher education. *Teaching and Teacher Education* 20, 77–97.
- Kotler, J. (1998). Transformative travel. *The Futurist* 32(3), 24–28.
- Kroth, M. and Boverie, P. (2000). Life mission and adult education. *Adult Education Quarterly* 50(2), 134–150.
- Kuter, N. (2009). Korunan Alanlarda Ekoturizm ve Çevresel Etkileri. 10. Ulusal Turizm Kongresi, (21-24 Ekim 2009), Mersin Üniversitesi, Mersin, 331-340.
- Lamoureux, K. M. (2009). Success Factors of Cross-Sector Volunteer Tourism Partnership Involving U.S. Federal Land Agencies. *PhD thesis*. Washington.
- Lean, G. (2005). Transformative travel and the creation of sustainability ambassadors: Literature review. *Unpublished Bachelor's project*. University of Western Sydney, Australia.
- Lean, G. (2009). Transformative travel: Inspiring sustainability. In: Bushell, R. and Sheldon, P. (eds) *Wellness and Tourism: Mind, Body, Spirit, Place*. Cognizant, New York.
- Little, J. (2012). Transformational Tourism, Nature and Wellbeing: New Perspectives on Fitness and the Body: Transformational tourism, nature and wellbeing. *Sociologia Ruralis* 52(3), 257-271. <https://doi.org/10.1111/j.1467-9523.2012.00566.x>
- Lyons, K. and Wearing, S. (2012). Reflections on the ambiguous intersections between volunteering and tourism. *Leisure Sciences: An Interdisciplinary Journal* 34(1), 88–93.
- Markos, L. and McWhinney, W. (2003). Editors' perspectives: auspice. *Journal of Transformative Education* 1, 3–15.
- Marra, R. (2000). What do you mean 'spirituality'? *Journal of Pastoral Counseling* 35, 67–88.
- McDonald, M., Wearing, S. and Ponting, J. (2009). The nature of peak experience in wilderness. *The Humanistic Psychologist*, 37(4), 370–385.

- McGehee, N. and Santos, C. (2005). Social change, discourse and volunteer tourism. *Annals of Tourism Research* 32, 760–779.
- Merriam, S. (2004). The role of cognitive development in Mezirow's transformational learning theory. *Adult Education Quarterly* 55(1), 60–68.
- Merriam, S. and Caffarella, R. (1999). Learning in Adulthood. Jossey-Bass, San Francisco, California.
- Mezirow, J. (1991). *Transformative Dimensions of Adult Learning*. San Francisco, California: Jossey-Bass.
- Mezirow, J. (1994). Understanding transformation theory. *Adult Education Quarterly* 44(4), 222–232.
- Mezirow, J. (2006). An overview of transformative learning. In: Sutherland, P. and Crowther, J. (eds) *Lifelong Learning: Concepts and Contexts*. Routledge, New York, pp. 24–38.
- Minei, E., and Matusitz, J. (2013). Diffusion and glocalization: Dialectical tensions for Wal-Mart de México. *Global Business Perspectives*, 1(2), 106–121.
- Molm, L. (2010). The structure of reciprocity. *Social Psychology Quarter* 73(2), 119–131.
- Morell, A. and O'Connor, M. (2002). Introduction. In: O'Sullivan E., Morrell, A. and O'Connor, M. (eds) *Expanding the Boundaries of Transformative Learning: Essays on Theory and Praxis*. Palgrave, New York.
- Morgan, A. (2010). Journeys into transformation: travel to an 'other' place as a vehicle for transformative learning. *Journal of Transformative Education*, 8(4): 246–268.
- Nowaczek, A. Moran-Cahusac, C. and Fennell, D. (2007). Against the current: striving for ethical ecotourism. In: Higham, J. (ed.) *Critical Issues in Ecotourism: Understanding a Complex Tourism Phenomenon*. Elsevier, Oxford, pp. 136–157.
- O'Gorman, K. and Lynch, P. (2008). Monastic hospitality: explorations. In: Richardson, S., Fredline, L., Patiar, A. and Ternel, M. (eds), *Cauthe 2008 Australia Tourism Research Conference*, 'Tourism and hospitality research, training and practice: Where the "bloody hell" are we?' Griffith University, Gold Coast, Australia, pp. 1162–1175.
- Olsen, M. (2001). *Women Who Risk: Profiles of Women in Extreme Sports*. Hatherleigh Press, New York.
- Olsen, D. H. ve Timoty, D. J. (2006). *Tourism religion and spiritual journeys*. New York: Routledge.
- O'Reilly, C. (2006). From drifter to gap year tourist mainstreaming backpacker travel. *Annals of Tourism Research* 33(4), 998–1017.
- Palacios, C. (2010). Volunteer tourism, development and education in a postcolonial world: Conceiving global connections beyond aid. *Journal of Sustainable Tourism* 18: 861–878.
- Palmer, P. (2004). *A Hidden Wholeness*. Jossey-Bass, San Francisco, California.
- Park, S. and Santos, C. A. (2017). Exploring the tourist experience: A sequential approach. *Journal of Travel Research*, 56(1), 16–27.

- Poutiatine, M. (2008). What is transformation? Nine principles toward an understanding transformational process for transformational leadership. *Journal of Transformative Education* 7(3), 189–208.
- Quinn, R. (1996). *Deep Change*. Jossey-Bass, San Francisco, California.
- Reisinger, Y. (2013). *Transformational Tourism: Tourist Perspectives*. Boston: CABI.
- Reisinger, Y. (2015). *Transformational Tourism: Host Perspectives*. Boston: CABI.
- Richards, G. and Wilson, J. (2004). The Global Nomad: Backpacker Travel in Theory and Practice. *Channel View*, Bristol, UK.
- Rickly-Boyd, J. (2012). Lifestyle climbing: Towards existential authenticity. *Journal of Sport and Tourism*, 17(2), 85–104.
- Robert, P. (2011). From awe to satisfaction: immediate affective responses to the Antarctic tourism experience. *Polar Record*, 48 (245), 145–156.
- Robertson, D. (2003). Learning experiences of senior travellers. *Studies in Continuing Education* 25(1): 125–144.
- Robledo, M.A., ve Batle, J. (2017). Transformational tourism as a hero's journey, *Current Issues in Tourism*, 20(16): 1736-1748. DOI: 10.1080/13683500.2015.1054270
- Root, A. (2008). The youth ministry mission trip as global tourism: are we OK with this? *Dialogue* 47(4), 314–319.
- Ross, S. (2010). Transformative travel: An enjoyable way to foster radical change. *ReVision*, 32(1): 54–61.
- Saunders, L., Laing, J. and Weiler, B. (2013). Personal transformation through long-distance walking. In S. Filep & P. Pearce (Eds.), *Tourist experience and fulfilment: Insights from positive psychology* (pp. 127–146). New York, NY: Routledge.
- Scharmer, O. (2007). *Theory U: Leading from the Future as It Emerges. Society for Organizational Learning*, Cambridge, Massachusetts.
- Singh, S. and Singh, T. (2009). Aesthetic pleasures: contemplating spiritual tourism. In: Tribe, J. (ed.) *Philosophical Issues in Tourism*. Channel View, Bristol, 135–153.
- Skift.com. (Singapore Tourism Board). (2020). Skift Trends Report: The Rise Of Transformative Travel. <https://skift.com/insight/skift-trends-report-the-rise-of-transformative-travel/>. (Erişim Tarihi: 02.09.2020).
- Smith, J. (2018). *Transforming Travel: Realising the potential of sustainable tourism*. USA, Boston: CABI.
- Smith, M. and Kelly, C. (2006). Holistic tourism: journeys of the self? *Journal of Tourism Recreation Research* 31(1): 15–24.
- Smith, M., MacLeod, N. and Robertson, M. (2010). *Key Concepts in Tourism Studies*. Sage, London.
- Soulard, J., McGehee, N.G. and Stern, M. (2019). Transformative tourism organizations and glocalization. *Annals of Tourism Research* 76: 91–104.
- Swarbrooke, J. and Horner, S. (2007). *Consumer Behaviour in Tourism*. USA: Butterworth-Heinemann.

- Tarınç, A. ve Kılınç, C.Ç. (2019). Gönüllü Turizme Yönelik Katılım Eğilimleri İle Gönüllü Turizme Yönelik Motivasyonlar Arasındaki İlişkiler: Türkiye Uygulaması. *International social sciences studies journal*, 5(37): 3057-3067.
- Tolliver, D. and Tisdell, E. (2006). Engaging spirituality in the transformative higher education classroom. In: Taylor, E. (ed.) *New Directions for Adult and Continuing Education. Teaching for Change: Fostering Transformative Learning in the Classroom* (Vol. 19). Jossey-Bass, San Francisco, California.
- Tomljenović, R. ve Ateljevic, I. (2015). *Transtourism-Theoretical and methodological foundations*. Croatia: Croatian Science Foundation.
- Transformational Travel Council. (2020). *What is Transformational Travel*, <https://www.transformational.travel/about-tt-page>. (Erişim Tarihi: 31.08.2020).
- Ulusoy, E. (2016). Subcultural escapades via music consumption: Identity transformations and extraordinary experiences in Dionysian music subcultures. *Journal of Business Research*, 69(1), 244–254.
- UNWTO (a). (World Tourism Organisation). (2020). *International Tourism Highlights*. 2019 Edition. <https://www.e-unwto.org/doi/pdf/10.18111/9789284421152>. (Erişim Tarihi: 30.08.2020).
- UNWTO (b). (World Tourism Organisation). (2020). Digital transformation. <https://www.unwto.org/digital-transformation>. (Erişim Tarihi: 02.09.2020).
- UNWTO. (World Tourism Organisation). (2016). *Global Report on the Transformative Power of Tourism a paradigm shift towards a more responsible traveller*. Affiliate Members Report published by UNWTO and the Institute for Tourism, Zagreb, Croatia.
- Van Nostrand, J. (1992). The process of perspective transformation: Instrument development and testing in smokers and ex-smokers. *Unpublished doctoral dissertation*. Texas Women's University, Denton, Texas.
- Voigt, C., Brown, G. and Howat, G. (2011). Wellness tourists: in search of transformation. *Tourism Review* 66(1/2), 16–30.
- Walter, P. G. (2016). Catalysts for transformative learning in community-based ecotourism. *Current Issues in Tourism*, 19(13), 1356–1371.
- Wearing, S. and Wearing, B. (2001). Conceptualizing the selves of tourism. *Leisure Studies* 20, 143–159.
- Wesley, D. (2010). Short-term mission as pilgrimage. *Didache: Faithful Teaching* 9(2).
- Wilber, K. (2010). AQAL Glossary: Introduction to Integral Theory and Practice. *IOS Basic and the AQAL Map*, 1(3).
- Wildemeersch, D. and Leirman, W. (1988). The facilitation of the life-world transformation. *Adult Education Quarterly*, 39(1), 19–30. <https://doi.org/10.1177/0001848188039001003>
- Williams, E. (1991). *The Scribner-Bantam English Dictionary*, New York: Bantam.
- Williams, K. and Harvey, D. (2001). Transcendent experience in forest environments. *Journal of Environmental Psychology*, 21(3), 249–260.

- Williams, P. and Soutar, G.N. (2009). Value, satisfaction and behavioral intentions in an adventure tourism context. *Annals of Tourism Research* 36: 413–438.
- Willig, C. (2008). A phenomenological investigation of the experience of taking part in extreme sports. *Journal of Health Psychology* 13(5), 690–702.
- WTO. (2016). Affiliate members global reports, The transformative power of tourism: A paradigm shift towards a more responsible traveller, Madrid: UNWTO publications.
- Zahra, A. and McIntosh, A. (2007). Volunteer tourism: evidence of cathartic tourist experiences. *Tourism Recreation Research* 32, 115–119.
- Zerowasteeurope. (2020). *What is Zero Waste about?*. <https://zerowasteeurope.eu/about/principles-zw-europe/>. (Erişim Tarihi:05.09.2020)