

Bölüm **11**

DESMOID TÜMÖRLERİN SİSTEMİK TEDAVİSİ

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GİRİŞ

Desmoid tümör; aynı zamanda agresif fibromatozis olarak tanımlanan benign, yavaş büyüyen lokal agresif davranış gösteren ve bilinen metastaz/dediferansiyasyon potansiyeli çok düşük olan fibroblastik hücre neoplazmidir. Desmoid tümör oluşumunda endokrin nedenler öne sürülmüştür. Östrojenin fibroblastların proliferatif aktivitesini artırdığı gösterilmiştir (1). Spesifik olarak, bu tümörler, iyi sınırlı, lokal olarak invaziv ve farklılaşmış fibröz dokunun agresif bir fibroblastik proliferasyonudur. Desmoid tümörler nadir görülür, en sık genç kadın hastaları etkiler ve genellikle ölümcül değildir. Bununla birlikte tümörün yerleşim yerine bağlı olarak yaptığı lokal invazyona bağlı önemli anatomik yapı ve/veya organ disfonksiyonuna yol açarak morbidite (ağrı, hareket kaybı, bağırsak tikanıklığı ve diğer iç organlarda tutuluma bağlı olarak önemli morbiditeye neden olabilir) ve fetal seyre neden olabilirler. Bu tümörleri sarkom olarak sınıflandırmak için sarkom benzeri histopatolojik özellikler göstermese de, desmoid tümörler eksizyondan sonra lokal olarak nüksetme eğilimleri yüksek olduğu için genellikle düşük dereceli sarkomlar olarak sınıflandırılır.

Her ne kadar desmoid tümörler herhangi bir iskelet kasında ortaya çıkabilese de, en sık karın ön duvarı ve omuz kuşağında gelişir. Retroperitoneal yerleşimli desmoid tümörler, ailesel polipozis koli ve Gardner sendromunda abdominal cerrahi sonrası daha sık görülür (2).

Metastaz yapma potansiyellerinin nadiren olmasından dolayı; geleneksel olarak ana tedaviyi lokal kontrolü sağlamak için cerrahi ve radyoterapi tedavileri oluşturmaktadır. Ancak tam cerrahi rezeksiyona rağmen artmış lokal tekrarlama riski mevcuttur. Bu risk pozitif cerrahi sınırlı olgularda daha yüksektir (3). Tek-

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larının başarısız olduğu desmoid tümörlü hastalarda sistemik tedaviler düşünülmelidir.

Anahtar kelimeler: Desmoid tümör; İnflamasyon; Östrojen; Sistemik tedavi.

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