

## Bölüm 10

# DESMOİD TÜMÖRLERDE CERRAHİ TEDAVİ

Haydar ÖCAL<sup>12</sup>

### ETYOLOJİ-EPİDEMİYOLOJİ

Diğer adı “Agresif fibromatözis” olan “Desmoid tümörler” fasya, tendonlar ve skar dokusundan köken alan lokal invaziv karakterde tümörlerdir (1). Desmoid tümörler Dünya Sağlık Örgütü’ne göre “infiltratif büyüyen, lokal rekürrens eğiliminde olan ve derin yumuşak dokudan köken alan klonal fibroblastik proliferasyonlar” olarak tanımlanır. Desmoid tümörlerin kapsülü yoktur ve derin doku infiltrasyonu yaparlar. Bu tümörler eksizyon marjinleri pozitif olduğunda lokal rekürrens eğilimlerinin yüksek olması nedeniyle sıklıkla “düşük dereceli sarkomlar” olarak kategorize edilmiştir. Nadiren metastaz yapabilirler. Gebelerde karın duvarında görülen kitlelerden intraabdominal mezenterik kitlelere ve yaşlı hastalar-  
daki geniş ekstremitte kitlelerine kadar lokalizasyonu ve neden olduğu klinik tablo çok değişken olabilen bir tümördür.

Desmoid tümörlerin (tüm yumuşak doku tümörlerinin %3’ü kadardır) görülme sıklığı %0.03’tür (2). İki tip desmoid tümör tanımlanmıştır: “Sporadik” ve “FAP ile ilişkili” desmoid tümörler. Kadın ve erkekte eşit görülmeyle birlikte genç yaş grubunda kadınlarda daha sık görülür. İnsidansı 3. ve 4. dekatta pik yapar (3). Gövde, ekstremiteler ve abdominal kavite desmoid tümörün en sık görüldüğü lokalizasyonlardır. %5 ‘i intraabdominal yerleşimliken bu oran “FAP ilişkili” desmoidlerde %80 ‘dir (4). FAP ilişkili desmoidlerde cerrahi sonrası rekürrens oranı yüksektir.

Sıklıkla endokrin faktörler (Genç kadın hastalarda östrojen etkisi), FAP, travma ile ilişkili olmasına rağmen etyolojisi net olarak ortaya konamamıştır (5). FAP’lı hastalarda normal popülasyona göre daha sık görülür. FAP vakalarının %7.5-16’ sında desmoid tümör görülür (6,7,8,9).

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