

Bölüm
4

INTRABDOMİNAL/ RETROPERİTONEAL SARKOMLarda GÖRÜNTÜLEME EŞLİĞİNDE BİYOPSİ

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GİRİŞ

Retroperitoneal yumuşak doku sarkomları (RYS) genellikle hastalıkla ilişkisiz semptomlar nedeni ile yapılan görüntülemeler sırasında insidental olarak saptanan ve karın ağrısı, sırt ağrısı, barsak obstrüksyonu ve palpe edilebilen abdominal kitleler oluşana kadar retroperitoneal alanda çok büyük çaplarda tanı alan tümörlerdir. RYS genellikle nadir görülür. Tüm yumuşak doku tümörlerinin yaklaşık %12-15'ini oluştururlar (1). Ortalama insidans 2.7 milyonda 1'dir (2,3).

RYS'un en sık görülen iki alt subtipi liposarkom (%63) ve leiomyosarkomdur (%19). Bunun dışında sinovial sarkom, soliter fibröz tümör ve malign periferal sinir kılıfı tümörleri daha az sıklıkta görülür (4). Hastalıkın alt tipi yapılacak cerrahinin de belirleyicisidir örneğin liposarkomlarda, leiomyosarkomlara veya soliter fibröz tümörlere göre daha ekstansif bir cerrahi gereklidir (5). Bunlara ek olarak, rekürens paterni, uzak metastaza olan yatkınlık ve tedaviye yanıt; tümör derecesi, anatomiik lokasyon, tümör çapı ve histolojik tip ile direk ilişkilidir (6).

RYS'lar nadir görülen hastalıklar olmaları nedeniyle klinisyen ve radyologların kolayca dikkatinden kaçabilir veya yanlış tanı alabilirler. Bu tümörler aynı bölgeden köken alabilen lenfomalar, primer germ hücreli tümörler ve metastatik testiküler kanser ile karışabilirler. Bu bölgede görülebilecek benign natürlü diğer kitleler ise retroperitoneal fibrosis, schwannom ve ganliyonöromlardır. Tanının gecikmesi ve hastaların deneyimsiz merkezlerce takip edilmesinin katastrofik sonuçları olabilir. Örneğin hastaya inkomplet rezeksiyon yapılabılır veya peritoneal kavite tümörle kirletilerek hastanın küratif operasyon şansı ortadan kaldırılabilir (7,8,9). Tümör evresinden sonra uzun vadeli sağ kalımın en önemli belirleyici-

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kanama olmuştur (32). Bunun dışında diğer biyopsiler sırasında da görülebilen organ perforasyonları gelişebilir. Ancak işlem genellikle güvenlidir, komplikasyon oranı düşüktür ve hospitalizasyon gerektirmez.

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