

Bölüm 21

PANKREAS KİSTİK LEZYONLARININ ENDOSKOPİK ULTRASONOGRAFİ (EUS) İLE DEĞERLENDİRİLMESİ

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GİRİŞ

Günümüzde, giderek gelişen ve kullanımları artan görüntüleme yöntemleri ile pankreasın kistik lezyonlarına daha fazla rastlamaktayız. Çoğu zaman başka nedenlerle çekilen görüntüleme yöntemleri ile rastlantısal olarak tanı konulan pankreas kistleri, değişik biyolojik davranışları ve malignite potansiyelleri nedeniyle önem arz etmektedirler.

Rastlantısal pankreas kistleri, değişik nedenlerle çekilen abdominal bilgisayarlı tomografiler (BT)' de yaklaşık %2,5 civarında (1), abdominal magnetik rezonans görüntülemelerin (MRI)' de %13 oranında (2) ve magnetik rezonans kolanjopanktografi de ise %44.7 gibi yüksek bir oranda tespit edilmiştir (3). Pankreas kistleri, basit bir kistten, premalign veya malign olmak üzere çok geniş bir patolojik spektrum gösterirler. Bu nedenle doğru tanı koymak, tanı konulduktan sonra doğru tedavi ve takip yöntemini uygulamak oldukça önemlidir. Son dönemlerde bazı uluslararası topluluklar pankreas kistleri için kılavuz ve öneriler oluşturmuşlardır (4). Endoskopik ultrasonografi (EUS), yüksek rezolüsyon yeteneği ve kistten örnek alınmasına olanak verdiği için pankreas kistlerinin değerlendirilmesi için ideal bir görüntüleme yöntemi olarak karşımıza çıkmaktadır (5).

TANI

Ayrıntılı bir klinik hikaye ve fizik muayene pankreas kistlerinin tanısını koymaktaki ilk basamak olmalıdır.

Ayrıca kişinin daha önce bilinen kanser öyküsü ve özellikle ailede genetik hastalık hikayesi olup olmadığı araştırılmalıdır (5). Çoğu hastanın pankreas kisti, başka nedenlerle yapılan abdominal ultrasonografi ve özellikle abdominal BT ve MRI gibi kesitsel görüntüleme yöntemleri ile saptanır. Tanı net değilse, hasta

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KAYNAKÇA

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