

## BÖLÜM 6

### COVID-19 PANDEMİSİNDE BİRİNCİ BASAMAKTA BULAŞICI OLmayAN HASTALIKLARIN İZLEMİ VE BAKIM YÖNETİMİ

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#### GİRİŞ



İnsanlığın varoluş tarihinden bu yana salgınlar, savaşlar ve kitlikler tarihin yönünü değiştiren ve insanlığı meşgul eden üç temel sorun olmuştur. İkinci Dünya Savaşı sonrası kurulan yenidünya döneminde, insanlık olarak bu üç sorunun kontrol edildiği düşünülürken Edinsel Bağışıklık Yetmezliği Sendromu (AIDS) salgını, Şiddetli Akut Solunum Sendromu (SARS), kuş gribi, Ebola ardından Yeni Koronavirüs Hastalığı (COVID-19) salgını gibi yeni yüzyıl salgınları dikkatleri tekrar bulaşıcı hastalıklara çekmiştir. Dünyada COVID-19'dan ölümler altı milyona yaklaşırken, salgında krizin nedeni çoğunlukla bulaşıcı hastalık olarak görülmüş, tüm müdahaleler viral iletişim hatlarını kesmeye ve böylece patojenin yayılmasını kontrol etmeye odaklı sürdürülmüştür. Ancak şimdide kadar edinilen bilgiler COVID-19'un hikâyesinin o kadar basit olmadığını göstermektedir (1).

Bu bölümde COVID-19 hastalarında kötü sonucu öngören bulaşıcı olmayan hastalıklar (BOH) incelenecuk ve birinci basamakta BOH izleminde yaşanan güçlükler ile geliştirilmiş çözümler değerlendirilecektir.

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