ÇOCUKLAR AÇISINDAN COVID-19

6. BÖLÜM

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Giriş

Halkın önceden bağışıklığı olmadığı yeni tanımlanmış bir patojenden kaynaklanan COVID-19 (Yeni Coronavirüs Hastalığı 2019) Çin'de ortaya çıkıp, şu an tüm dünya ülkeleri arasında primer tehdidi oluşturmaktadır (Ovalı, 2020; Paraluppi ve ark., 2020; Wu ve McGoogan, 2019). COVID-19' un nedensel ajanı, sadece insandan insana güçlü bir şekilde bulaşmakla kalmayıp aynı zamanda pnömoniye de neden olan ciddi akut solunum sendromu coronavirüs 2 olarak tanımlanmıştır. COVID-19 ajanı o kadar agresiftir ki, enfeksiyon diğer ülkelere de bulaşmıştır ve insan hayatını ciddi şekilde etkilemektedir (Edwars, 2020; WHO, 2020).

Çocuklar, yetişkinlerden daha az etkilenmiş gibi görünse de yetişkinler gibi çocukların da enfekte olma olasılığı yüksektir (Edwars, 2020; Dong ve ark., 2020; ECDC, 2020; Zhou, 2020). Yenidoğan bebekler ve küçük çocuklar dahil her yaştan çocuğa bulaşabilir (Ludvigsson, 2020; Wei, 2020). Ancak semptom veya şiddetli hastalık geliştirme açısından yetişkinlerinden daha düşük riske sahiptirler (ECDC, 2020). Tüm pediatrik hastaların %90› ından fazlası asemptomatik, hafif

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lerinin ve protokollerin detaylı olarak gözden geçirilmesi, uygun aralıklarla revize edilmesi, rehberlerin oluşturulması ve bu popülasyonun kliniklerde yakından takip edilmesi oldukça önemlidir.

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