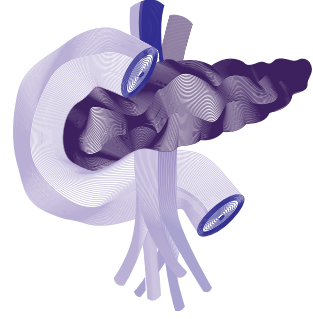


# Bölüm 14

## Pankreas Psödokisti



Sedat TAN<sup>1</sup>

### Giriş

Pankreatik psödokistler, Atlanta klasifikasyonuna göre interstisyel ödematöz pankreatit başlangıcı üzerinden en az 4 hafta geçtikten sonra oluşmuş nonepitelyal, iyi sınırlı oval ya da yuvarlak bir duvar ile çevrelenmiş, homojen, içerisinde sıvı dışında komponent bulunmayan sıvı koleksiyonlarıdır(1). Buna karşın son yıllarda yapılan çok merkezli cohort analize göre tanı için 4 hafta beklenmesinin gereksiz zaman kaybına neden olduğu, hastaların en az yarısının ilk 2 hafta içerisinde pankreas psödokisti tanısı alabileceği bildirilmiştir(2)

Pankreatik travma sonrası, operasyona ikincil, kronik pankreatite bağlı oluşabilse de çoğu akut pankreatit sonrası oluşur(3). Alkol tüketiminin yüksek olduğu ülkelerde alkol ilişkili kronik pankreatite bağlı pankreas psödokisti daha sık görülür(4). Tüm pankreas kistlerinin %80'i pankreas psödokistidir. Akut pankreatit sonrası %2-10 hastada kronik pankreatit sonrası %10-30 hastada gelişirler(5).

Akut pankreatit sonrası gelişen pankreas etrafı sıvı koleksiyonları Atlanta klasifikasyonuna göre 4 kategoride değerlendirilir. Akut peripankretik sıvı koleksiyonu, akut nekrotik sıvı koleksiyonu, pankreatik psödokist ve walled off nekroz. İlk ikisi ödematöz ya da nekrotizan pankreatitin erken dönemde gelişirler. Genellikle sterildirler. Belirgin bir duvar yapıları yoktur. Enfeksiyon gelişmezse spontan gerileme eğilimi gösterirler. Genellikle girişim gerektirmezler.

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