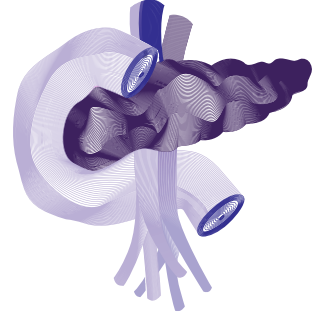


Bölüm 6

Pankreasın Ekzokrin Hastalıklarında Cerrahi Yaklaşımlar



Metin YALÇIN¹

Giriş:

Pankreas hem ekzokrin (%85) hem de endokrin (%2) fonksiyonları olan bir bezdir. Ekzokrin pankreas hastalıkları içinde Kistik Fibrozis (CF), Akut Pankreatit, Kronik Pankreatit ve Pankreas Kanseri yer alır.

Kistik Fibrozis (CF)

Otozomal resesif bir hastalık olup ekzokrin pankreasın en sık görülen herediter hastalığıdır. CTFR gen mutasyonu sonucu oluşur. Proteinden zengin pankreatik sekresyonlar koyulaşıp anormal derecede yapışkan mukus halini alarak duktal obstrüksiyon ve asiner bozukluğa yol açar. Pankreatik otosindirim pankreas hasarını arttırır ve diffüz fibroz ile kistik dejenerasyon oluşur (1).

Akut Pankreatit

Hastalık kendini sınırlayan hafif formdan enfekte pankreatik nekroz, multiple organ yetmezliği ve yüksek mortalite ile seyreden ciddi forma kadar değişik şekillerde seyredebilir (2,3).

Akut pankreatit sonrasında kronik pankreatit, ekzokrin ve endokrin yetmezlik (DM) gelişebilir (4).

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Benign ve düşük dereceli pankreas neoplazmaları için standart rezeksiyona alternatiftir (167,168).

Minimal invaziv pankreas rezeksiyonu (MIPR) artık pankreas kanseri için alternatif tedavi seçeneğidir (169).

Miyasaka tarafından Laparoskopik pankreas rezeksiyonu tanımlandı (170).

Gagner ve Pomp 1994 yılında pankreatikoduodenektomi (PD) işlemini laparoskopik olarak gerçekleştirdiler (134).

Pankreas kanseri için MIPR ilk Gagner ve pomp tarafından tanımlandı (171).

Pankreas kanseri için robotik pankreas rezeksiyonunun ilk tanımı Giuliannotti tarafından yapıldı (172).

Pankreas kanseri için minimal invaziv PD'nin (MIPD) ilk vaka serisi Palanivelu tarafından bildirildi (173).

İlk distal laparoskopik pankreatektomi(LDP) Sussman (174) tarafından gerçekleştirildi.

Sonuç

Pankreas ekzokrin hastalıkları pankreasın en sık görülen ve takip ile tedavisinin zaman deneyim gerektirdiği hastalıklar olup; bu hastalıkların takip ve tedavisinin multidisipliner yaklaşımın olduğu 3. basamak yoğun bakım şartlarının bulunduğu pankreas cerrahisi yapılan merkezlerde yönetimi uygundur.

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