

Yaşam Kalitesi ve Evde Diyaliz 1 1

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ANA BAŞLIKLAR

YAŞAM KALİTESİNİ DEĞERLENDİRME ARAÇLARI

Genel

Böbrek Hastalığı

EVDE HEMODİYALİZ VE YAŞAM KALİTESİ

Evde hemodiyaliz Hastalarının Yaşam Kalitesi

EVDE HEMODİYALİZ HASTALARININ BAKIM ORTAKLARININ YAŞAM KALİTESİ

SONUÇ

Yaşam kalitesi (YK) bir bireyin veya toplumun iyi bir yaşama dair beklentilerini yansıtan bir terimdir. Bu beklentiler, bireyin değerleri, amaçları ve bulunduğu sosyokültürel ortama göre farklılık gösterebilir. Klinisyenlerin, hastaların değerlerini anlamaları çok önemlidir. Yüksek kaliteli klinisyen-hasta karar alma süreci, kronik hastalık yönetiminin temel taşlarından biridir ve iyi bir şekilde sürdürüldüğünde, hasta odaklı karar alma süreci, memnuniyet, hasta uyumu ve bunun sonucunda da yaşam kalitesini artırır.¹

Yaşam kalitesi öznel anlamda bir bireyin duygusal, fiziksel, maddi ve sosyal esenliğini sağlayan çeşitli alanları kapsar. Günümüzde yaşam kalitesinin hasta sağlığıyla ilişkili olduğu bilinmektedir.

Son dönem böbrek hastalığı (SDBH), geri dönüşümsüz bir kronik hastalık olup, önemli ölçüde kötü bir yaşam kalitesi ile ilişkilidir ve kronik tıbbi has-

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