

BÖLÜM 30

EL HİJYENİ VE ÖNEMİ

Can Hüseyin HEKİMOĞLU¹

30.1. Tarihçe

30.1.1. Alexander Gordon (1752-1799)

İskoçya'nın Aberdeen şehrinde 1789 ve 1792 yıllarında puerperal ateş salgınları yaşanmıştı. Alexander Gordon puerperal ateşi olan 77 hastaya bakmış, bunların 25'i yaklaşık 5. gün civarında ölmüştü. Bu durumdan etkilenen Gordon 1795 yılında "Arbedeen'in Puerperal Ateş Epidemisi Üzerine İnceleme"sini yayınladı. Gordon hastalığın bulaşıcılığında cerrahların parmaklarına da işaret ediyordu. Hastalığın önlenmesinde hastaların kıyafetleri ve yatak örtülerinin yakılmasını ve sağlık çalışanlarının kıyafetlerinin fumigasyona tabi tutulmasını öneriyordu. Gordon kendisini "Enfeksiyonun çok sayıda kadına taşınmasının bir aracı olduğumu belirtmek benim için kabul edilemez bir beyan" olarak eleştiriyordu. Puerperal ateş 1800'lü yıllarda Avrupada yaygın bir anne ölümü nedeni olmaya devam etti.

30.1.2. Antoine-Germain Labarraque (1777-1850)

Fransız kimyager ve eczacı Labarraque, dezenfektan ve koku giderici olarak yaygın kullanılan bir sodyum hipoklorit çözeltisi olan "Eau de Labarraque"i formüle etmiş ve kullanımını başlatmıştır.

¹ Doç. Dr., Halk Sağlığı Genel Müdürlüğü, Bulaşıcı Hastalıklar ve Erken Uyarı Dairesi Başkanlığı, Sağlık Hizmeti İlişkili Enfeksiyonları Önleme ve Kontrol Birimi, drchh@hotmail.com

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