



## BÖLÜM 15

### DAMARSAL OLMAYAN KAFA İÇİ HASTALIKLARLA İLİŞKİLİ BAŞAĞRILARI

Güven ARSLAN<sup>1</sup>  
Gürol GÖKSUNGUR<sup>2</sup>

#### GİRİŞ

Uluslararası Baş Ağrısı Derneği (IHS) 2018 yılında derneğin dünya genelinde tanınmış yayın organı olan "Cephalalgia" dergisinde Uluslararası Baş Ağrısı Bozuklukları Sınıflandırması-3'ü (ICHD-3) yayınlamıştır (1). Buna göre damarsal olmayan kafa içi hastalıklarla ilişkili baş ağrıları 8 alt başlık altında gruplandırılmıştır. (Tablo 1) Yine bu sınıflandırmada baş ağrısının damarsal olmayan (non-vasküler) kafa içi bir hastalıkla ilişkili olarak tanımlanabilmesi için hastalıkla baş ağrısı arasında zamansal bağın olması gerektiği belirtilmiştir. Söz konusu baş ağrısı damarsal olmayan kafa içi hastalıkla birlikte ortaya çıkan yeni bir baş ağrısı olabildiği gibi, daha önceden varolan primer bir Baş Ağrısı da non-vasküler hastalık nedeniyle kronikleşebilmekte, şiddet ve sıklığında artış olabilmektedir. Bu durumda hem primer baş ağrısının tanısı hem de non-vasküler hastalıkla ilişkili baş ağrısı tanısı söz konusu olmaktadır.

Bu bölümümüzde damarsal olmayan kafa içi hastalıklarla ilişkili baş ağrılarını tek tek ele alıp, patofizyolojiden tedaviye geniş bir çerçevede değerlendirmelerini yapacağız.

<sup>1</sup> Uzm. Dr., Acıbadem Kayseri Hastanesi, Nöroloji Kliniği, drguvenarслан@hotmail.com

<sup>2</sup> Uzm. Dr., Yozgat Şehir Hastanesi, Radyoloji Kliniği, gurolgoksungur@hotmail.com



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