



BÖLÜM 12

DİĞER BİRİNCİL BAŞAĞRILARI

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GİRİŞ

Nöroloji polikliniklerine en sık başvuru nedeni baş ağrısıdır. Toplumda en sık görülen belirtilerden birisi olan baş ağrısı hem nörolojik hem de sistemik hastalıklara eşlik eden bir semptomdur.

Tanıyı kolaylaştırmak ve etkili şekilde tedavi edebilmek için Baş ağrısı tiplerini sınıflamak gerekir. En son sınıflama Ocak 2018’de Uluslararası Baş ağrısı Derneği (International Headache Society (IHS)) tarafından yayınlanmıştır. Bu bölümde primer baş ağrılarında diğer primer baş ağrılarında değinilecektir.

Seyrek rastlanan primer baş ağrısı sadece tanımlanan durumlarda ortaya çıkar, genelde tekrarlar, altta yatan başka bir neden yoktur.

PRİMER ÖKSÜRÜK BAŞ AĞRISI

Öksürük baş ağrısı primer ve sekonder baş ağrısı şeklinde olabilen, nadir görülen baş ağrısı sendromlarından biridir. Altta yatan nörolojik bozukluğun olup olmadığını ayırt etmek önemlidir.

Primer öksürük Baş ağrısı herhangi bir intrakranial bozukluk olmadan öksürme ve ıkınma ile ortaya çıkar. Daha önceden iyi huylu öksürük Baş ağrısı ya da valsava manevrisması Baş ağrısı olarak isimlendirilmiştir (1).

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lamamıştır ve tedavileri kontrolsüz klinik çalışmalara, anekdotal bildirilere dayanmaktadır. Sekonder Baş Ağrısı klinik bulgularına benzer özelliklere sahip olduğundan mutlaka ilk değerlendirmede dikkatli olunmalı, sekonder nedenler dışlanmalıdır.

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