



BÖLÜM 11

DİĞER TRİGEMİNAL OTONOMİK SEFALJİLER

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GİRİŞ

Uluslararası Baş Ağrısı Derneği (International Headache Society) tarafından, paroksizmal hemikranya, hemikranya kontinua (HK), SUNCT ve SUNA sendromları (short-lasting unilateral neuralgiform headache attacks), küme Baş Ağrısı ile beraber trigeminal otonomik sefaljiler (TOS) içerisinde, primer baş ağrıları olarak sınıflandırılmıştır (Tablo 1) (1). Kendi içlerinde benzer ağrı özellikleri göstermelerine rağmen atak sıklıkları ve süreleri bakımından farklılıklar gösterip, ayrı tanıları yapmak tedaviye olan olumlu yanıt açısından önemlidir.

Tablo 1. Trigeminal Otonomik Sefaljiler Sınıflaması - Uluslararası Baş Ağrısı Derneği (IHS) 2018, ICHD-3

A. Küme Baş ağrısı

A.1. Epizodik Küme Baş ağrısı

A.2. Kronik Küme Baş ağrısı

B. Paroksizmal Hemikranya

B.1. Epizodik Paroksizmal Hemikranya

B.2. Kronik Paroksizmal Hemikranya

C. Kısa Süreli Tek Yanlı Nevraljiform Baş ağrısı Atakları

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SONUÇ

Görüldüğü gibi trigeminal otonom sefaljiler her ne kadar benzer klinik özellikler gösterse de aslında her birinin spesifik karakteri olup ayırıcı tanı yapma aşamasında klinisyene yardımcı olmaktadır (Tablo 5) ve böylece tedavi konusunda yüksek oranda başarı sağlanabilmektedir.

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