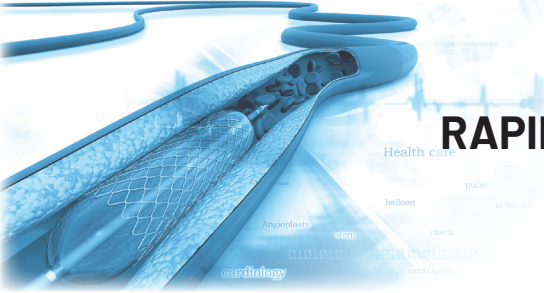


# CHAPTER 20



## RAPID HOSPITAL DISCHARGE IN VASCULAR SURGERY

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### INTRODUCTION

There have been many advances in medicine in the last century, especially in the surgical branches, with technological developments. In parallel with technological and economic developments, the proportion of elderly people in society has also increased. This situation has led to encountering a patient group whose comorbidity has increased even more in medicine. As a result, prolonged hospitalization and more advanced technological devices have also increased health expenditures. In order to reduce health costs, health protocols have been implemented to ensure rapid discharge of patients since the second half of the 1990's (1). The primary purpose of these protocols is to increase patient safety and comfort and reduce the cost by shortening the discharge process (1). The answer to the questions “How can we ensure that surgical patients are discharged as soon as possible?” or “What are the conditions that will quickly ensure well-being?” can be provided by applying these protocols. Later, it was thought that systems that could benefit from a multidisciplinary approach in terms of resources and costs in different surgical applications should be revealed, and Enhanced Recovery After Surgery (ERAS) protocols were developed for this purpose. A consensus protocol for patients undergoing colon surgery

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