

BÖLÜM 31

Diğer Primer Baş ağrıları IV Hemikraniya Kontinua

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TANIM

Hemikraniya kontinua (HK), ICHD-3 sınıflamasında trigeminal otonomik sefaljiler (TOS) başlığı altında, küme baş ağrısı, paroksizmal hemikraniya, SUNCT (short-lasting unilateral neuralgiform headache with conjunctival injection and tearing) ve SUNA (short-lasting unilateral neuralgiform headache with autonomic symptoms) ile birlikte yer alır.

HK ilk olarak Medina ve Diamond tarafından 1981 yılında bir vaka serisinde küme baş ağrısının bir varyantı olarak tanımlanmıştır. Sjaastad ve Spierings ise, 1984 yılında “Hemikrania Kontinua” tanımını kullanmışlardır.

HK, TOS başlığı altında yer alan, tanı zorluğu yaşanıp, sıkça yanlış tanı konabilen ve indometazine yanıt veren primer nadir bir baş ağrısıdır. Zeminde sürekli tek taraflı hafif-orta şiddette bir baş ağrısı vardır, bu ağrının üzerine şiddetli ağrı atakları eklenir ve diğer TOS'lerde de gözlemlendiği gibi ağrı atakları sırasında, ağrı ile aynı tarafta konjesyon,



HK, indometazine yanıt veren, otonomik bulguların eşlik ettiği, hafif-orta şiddette sürekli olan baş ağrısına, şiddetli ağrı alevlenmelerinin eklendiği nadir bir primer baş ağrısıdır.

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