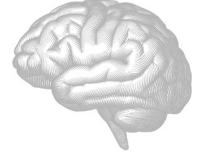


İNTRAKRANİYAL ACİLLERDE ANESTEZİ YÖNETİMİ



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GİRİŞ

Anestezi yönetimi gerektiren en sık intrakraniyal acil durum travmatik beyin hasarı (TBH) olup elektif cerrahi sırasında serebral anevrizma rüptürü ve arteriyovenöz malformasyon kanamalarına bağlı serebral hemorajilerde de anestezi yönetimi ihtiyacı olmaktadır (1).

Kafa travması moleküler ve hücresele düzeyde deęişikliklerden hemoraji ve kontüzyon gibi geniş doku hasarına kadar çeşitli patolojilerle sonuçlanabilir (2). Primer nörolojik hasar mekanik etkinin kendisinden kaynaklanan hematoma, kontüzyon ve diffüz aksonal hasarlanmayı içeren durumdur. Sekonder nörolojik hasar ise doğrudan TBH'nin mekanik travmasından kaynaklanmayan, primer hasardan saatler, günler veya aylar sonra ortaya çıkabilen, daha çok serebral hipoksi ve iskemi ile sonuçlanan nörolojik bozulmadır (2-5). Hipotansiyon ve hipoksemi hasta prognozunu kötüleştirebilecek en önemli iki sekonder hasar nedeni olmakla birlikte hiperkarbi, hipokarbi, hiperglisemi, nöbetler, vazospazm ve intrakraniyal hipertansiyon da dięer sekonder nörolojik hasar nedenleridir (5).

PREOPERATİF DEęERLENDİRME

Acil serviste multidisipliner bir deęerlendirmeye tabi tutulan hastalara cerrahi müdahale gerekli görülürse anestezi tarafından hızlı bir preoperatif deęerlendirme yapılmalıdır. Bilinç düzeyi ve pupil yanıtlarını deęerlendiren kısa bir nörolojik muayeneye ek olarak havayolu, solunum ve dolaşım sistemi de deęerlendirilmeli-

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özen gösterilmelidir. Uyanma esnasında bölünmüş dozlarda 3 mg kg⁻¹'a kadar verilen intravenöz lidokain öksürüğü etkili bir şekilde bastırmaktadır. Aşırı sedasyon CO₂'nin tutulmasına ve bunun sonucunda İKB 'de artışa yol açacağından, narkotik ilaçlar uygun dozlarda kullanılmalıdır (1).

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