

## Bölüm **13**

# MESANE KANSERİNDE NEOADJUVAN VE ADJUVAN SİSTEMİK TEDAVİ

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## GİRİŞ

Mesane kanserinde tanı anında %80-90 oranında invaziv hastalık vardır ve %20-25'i kas tabakasına invazyon yapmıştır [1]. Erken evrede tanı alan hastalarda radical sistektomi sonrası 5 yıllık sağkalım oranı %80'lere ulaşmaktadır. Tümörün kas tabakasına ya da daha derin tabakalara invazyon yaptığı evrelerde ise sadece cerrahi ile tedavi edilmesi halinde 5 yıllık sağkalım oranı %44-%77, lenf nodu tutulumun olduğu evrelerde %31 olarak ciddi düşüş göstermektedir [2]. Mesane kanserinde halen altın standart tedavi cerrahi olmakla birlikte, sadece cerrahi ile kür oranı %50-65 arasında değişmektedir [1]. Tümörün kas tabakasına invazyon yaptığı evrelerden itibaren yalnızca cerrahi ile tedavi edilen hastalarda kür elde edilme şansının ve sağkalım oranlarının düşüklüğü gözönüne alındığında sistemik tedavi uygulamalarının büyük önem arz ettiği görülmektedir.

Mesane kanserlerinin %90-95'ini transizyonel hücreli histolojik alt tip oluşturur. Bu bölümde, transizyonel hücreli mesane kanserinin neoadjuvan ve adjuvan sistemik tedavisi literatür eşliğinde ele alınacaktır.

## SİSTEMİK TEDAVİ

Öncelikle tüm hastalara tanı anında klinik evreleme yapılmalıdır. Klinik evreleme için elde edilen bilgiler; fizik muayene, ultrasound, BT (Bilgisayarlı Tomografi), MRI (Manyetik Rezonans Imaging) gibi görüntüleme yöntemleri, sistoskopik biyopsi ve TUR (Trans Ureteral Rezeksiyon) patolojilerinden elde edilen bilgilere dayanmaktadır. Tümör ürotelyal tabakaya sınırlı ise Ta, lamina propria'yı invaze etmişse T1, muscularis propria'yı invaze etmişse T2, perivaskuler yağ dokularını

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**Anahtar Kelimeler:** adjuvan , kemoterapi, mesane, neoadjuvan

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