

Bölüm 25

İNFERTİLİTE

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Funda ÖZDEMİR²

İÇİNDEKİLER

- ◆ Fertilité, İnfertilitenin Tanımı
- ◆ Görülme Sıklığı/Epidemiyolojisi
- ◆ Fertilitéyi Etkileyen Faktörler
- ◆ İnfertilite Nedenleri
- ◆ İnfertil Çiftlerin Değerlendirilmesi
- ◆ İnfertilite Tedavisi
- ◆ İnfertilitenin Psikososyal Etkileri
- ◆ İnfertilitede Hemşirelik Yaklaşımları



ÖĞRENİM HEDEFLERİ

Hedef 1	İnfertiliteyi tanımlayabilmek
Hedef 2	Fertilitéyi etkileyen faktörleri sayabilmek
Hedef 3	İnfertilitenin nedenlerini sıralayabilmek
Hedef 4	Kadın ve erkek infertilitesinin değerlendirilmesi ve hemşirelik yaklaşımlarını açıklayabilmek
Hedef 5	Üremeye yardımcı tedavileri açıklayabilmek
Hedef 6	Üremeye yardımcı tedavi sürecinde ortaya çıkabilecek komplikasyonları söyleyebilmek
Hedef 7	İnfertilite ve tedavi sürecinin psikososyal etkilerini kavrayabilmek
Hedef 8	İnfertilitede hemşirelik yaklaşımlarını açıklayabilmek

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KISALTMALAR

AMH	: Anti Müllerian Hormon
ASRM	: American Society for Reproductive Medicine
BKI	: Beden Kütle İndeksi
CDC	: Centers for Disease Control and Prevention
ESHRE	: European Society of Human Reproduction and Embryology
ET	: Embriyo Transferi
FSH	: Follikül Stimüle Edici Hormon
GIFT	: Gamet İntrafallopian Transfer
GnRH	: Gonadotropin-Releasing Hormon
HMG	: Human Menopozal Gonadotropin
HSG	: Histerosalpingografi
ICSI	: İntrasitoplazmik Sperm Enjeksiyonu
IUI	: İntrauterin İnseminasyon
IVF	: İn Vitro Fertilizasyon
LH	: Luteinize Edici Hormon
MESA	: Mikro Epididimal Sperm Aspirasyonu
MESE	: Mikro Epididimal Sperm Ekstraksiyonu
mikro-TESE	: Mikro Testiküler Sperm Ekstraksiyonu
MR	: Manyetik Rezonans
OHSS	: Overyan Hiperstimülasyon Sendromu
OPU	: Oocyte Pick Up
PESA	: Perkütan Epididimal Sperm Aspirasyonu
PGT	: Preimplantasyon Genetik Tanı
RCN	: Royal College of Nursing
TESA	: Testiküler Sperm Aspirasyonu
TSH	: Tiroid Stimüle Edici Hormon
USG	: Ultrasonografi
ÜYTE	: Üremeye Yardımcı Tedaviler
ZIFT	: Zigot İntrafallopian Transfer