

Chapter 1

CARDIAC TELEREHABILITATION

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INTRODUCTION

Telerehabilitation is defined as remotely given rehabilitation services through telecommunication technologies, comprising the phone, the internet, and video-conference transmissions between the patient and healthcare professionals (1). The conceptual structure of telerehabilitation composes of the three domains affecting the results of telerehabilitation approaches. These are rehabilitation related bio-systems, human-technology interfaces, and behavioral adaptations. Each constituent of such structure can be utilize to conceptualize, understand the entire process and analyze alternative approaches for optimizing results (2). Systems can range from inexpensive video phones to costly virtual reality systems with tactile interfaces (3).

BASIC PARTS OF CARDIAC TELEREHABILITATION SYSTEMS:

1. Image-Based Telerehabilitation (Telecoaching): Using video conferences and visual assessments within the process of distance counseling and rehabilitation sessions (4). Also, web applications can be used as telecoaching systems. These systems allow registration and adjustment of rehabilitation objective, training goals, and treatment modules, uploading and reviewing the exercise session performance and level of physical activity, perform of a video consultation with physical therapists and permit caregivers and relevant health care providers to have access to the available data (5,6).

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