

Çocuklarda Tele Diş Hekimliği

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Teknolojinin hızla gelişmesi ve internet kullanımının yaygınlaşması sağlık sektörüne de bazı yenilikler kazandırmıştır (1). Bu yeniliklerden biri olan tele-tıp uygulamaları artmış yaşlı nüfusu, uzamış yaşam süresi, artan sistemik problemler, kırsal kesimde yaşayanların da merkezlerdeki sağlık hizmetlerinden eşit bir şekilde yararlanması, gereksiz sağlık harcamalarından tasarruf edilmesi gibi avantajlı durumlar sağlayabilir (2). Tele-tıp; sağlık hizmetlerinin sağlanabilmesinde, mesafenin engel oluşturduğu durumlarda, sağlık hizmeti sağlayıcılarının bilgi ve iletişim teknolojilerini kullanarak hastalıkların ve acil durumların teşhisi, tedavisi ve önlenmesi bunun yanı sıra bireysel ve toplumsal sağlık hizmetlerinin geliştirilebilmesi amacıyla bu alanda araştırma ve geliştirme, sağlık hizmeti sağlayıcılarına devamlı eğitim sunulması gibi imkânlar sağlamaktadır (3). Tele-tıbbın uzaktan eğitim imkânı sağlaması, canlı bağlantılar, eğitim içerikli videolar ve kaydedilen eğitim materyalleri aracılığı ile hekimlerin güncel kalabilmesi, dünyanın dört bir yanından hekimlerin bir araya gelebilmesi ve iletişim halinde olabilmesi gibi avantajları beraberinde getirmektedir. Ayrıca, bir merkezde yapılan araştırmaların farklı bölgelere ulaştırılmasını sağlayarak, farklı bölgelerdeki ve farklı uzmanlık alanlarındaki hekimlerin iş birliği içinde olmalarına olanak sağlamaktadır (4). Tele-tıbbın başta gelen kullanım alanları teşhis, tedavi planlanması ve hasta takibidir. Kardiyoloji, dermatoloji, psikiyatri, nöroloji, radyoloji, oftalmoloji ve acil tıp gibi alanlarda, diyabet, obezite ve astım hastalarında, çocuklarda konuşma patolojilerinin giderilmesinde tele-tıbbın kullanımına ilişkin çalışmalar mevcuttur (5,6). Bunun yanı sıra, hekimlerin gözetimi altındaki hastaların

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Tele diş hekimliği uzman hekimin zor bulunduğu kırsal alanlarda yaşayan çocuklara ve pandemi süreçlerinde hastane ortamına çocuklarını getirmekte zorlanan ebeveynlere bir kolaylık sağlayabilir. Hastaların stres yükünü azaltarak, ebeveynlerin ağız diş sağlığı konusunda farkındalığını artırabilir ve diş tedavilerine karşı tutumlarını değiştirebilir. Ailelere kazandırılan bu farkındalıklar ve yüz yüze görüşmelerden daha kolay hizmet alımı çocuklar için çok önemli olan ağız diş sağlığına oldukça fazla fayda sağlayabilir.

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