

Bölüm 32

DUKTAL KARSİNOMA İNSİTU TEDAVİSİ

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Duktal karsinoma in situ (DCIS) primer tedavi hedefi invaziv meme karsinoma ilerlemesini önlemektir. Rekürrens riskini azaltmak için tedavi stratejileri arasında; cerrahi (lumpektomi veya mastektomi), radyoterapi ve adjuvan endokrinoterapi tedavi seçenekleri vardır.

Cerrahi: DCIS'li bireylerin birincil tedavi seçenekleri tüm meme radyasyon tedavisini (WBRT) içeren veya içermeyen meme koruyucu cerrahi(lumpektomi) veya buna alternatif mastektomidir.

Lokal tedavi seçenekleri genel sağkalım üzerine etkisi yoktur. Bu nedenle artmış lokal nüks riski göz önünde bulundurulmalıdır. Eksizyon sonrası mamografi, özellikle başlangıçta mikrokalsifikasyon ile gelen DCIS hastaları için DCIS'in yeterli bir eksizyonunun yapıldığını doğrulamakta değerlidir¹.

Mastektomi: DCIS'li hastalar ve tanısız mamografi veya diğer görüntüleme, fizik muayene veya biyopsi ile gösterilmiş yaygın hastalık kanıtı (örneğin iki veya daha fazla kadran içeren hastalık) mastektomi gerektirebilir. Mastektomi aksillaya olan lenf drenajı akımını kalıcı olarak değiştirir. Onun için ileride yapılacak sentinel lenf nodu örnekleme (SLNB) sonucu teknik olarak uygulanabilir olmayacaktır^{2,3}. Bu nedenle mastektomi ile tedavi görmeyi amaçlayan DCIS hastaları için veya alternatif olarak, aksillaya lenfatik drenaj paternini tehlikeye atabilecek anatomik bir bölgede lokal eksizyon yapılacak hastalarda aksilla değerlendirilmesi için tam aksiller lenf nodu diseksiyonu yapılmasını önlemek için definitif cerrahi zamanında SLNB prosedürü mutlaka göz önünde bulundurulmalıdır²⁻⁵.

Hastalarda patolojik olarak dökümente edilmiş invaziv kanser veya aksiller lenf nodu metastatik hastalığı olmadıkça, tam aksiller lenf nodu diseksiyonu

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2A düzeyinde önerilir. Hormon reseptörü negatif DCIS'lı hastalar için endokrin tedavisinin yararı bilinmemektedir.

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