

Bölüm **38**

OKÜLER MELANOMDA GÜNCEL YAKLAŞIM

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GİRİŞ

Oküler melanom cilt melanomlarından sonra en sıkılıkla görülen ikinci melanomlardır. Aynı zamanda göz kanserlerinde ise en sık görülen malign tümördür. Melanomlar gözde melanositlerin oldukları yerde olurlar ve en sık üvea da oluşur. Üvea dışında sklera içte retina arasında olan iris, corpus siliyare ve choroidi içeren yapıdır. Oküler melanomların %82.5 üvea da oluşmakta olup konjonktival melanomlar daha az sıklıkta görülür. Ocular melanomlar genellikle primer olup metastatik melanomlar ise orbita ve gözlerdeki tümörlerden %5 ni oluşturur.

EPİDEMİOLOJİ

Oküler melanom milyonda 6 ,cilt melanomu ise 153.5 görülür(1). Amerika ve Avustralyada yapılan çalışmalarda Oküler melanom erkek/kadın oranı 1.29 olarak bulunmuştur.

Konjonktival melanom milyonda 0.4 görülürken üveal melanom 4.9 görülmüştür(1). Avrupada melanom incidi kuzey güney arası farklılık gösterip güneyde milyonda 8 kuzeyde 2 nin altına kadar düşmektedir.(2a)

Oküler melanom oranları siyahlar ile karşılaştırıldığında beyazlar arasında 8-10 kat daha yüksektir. Diğer oküler maelanomlarının aksine konjonktival melanom oranları siyahlara göre 2.6 kat daha fazladır.(3) Okular melanom insidansı yaşla birlikte artar yedinci sekizinci dekatta en yüksek seviyeye ulaşır. 60 yaş üstü beyaz erkeklerde konjonktiva melanom riski artmaktadır

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