

Bölüm 8

ORAL KAVİTE VE OROFARİNKS SKUAMÖZ HÜCRELİ KANSERLERİNDE RADYOTERAPİ

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GİRİŞ

Tüm dünyada her yıl yaklaşık 450.000 insan baş boyun kanseri (BBK) tanısı almaktadır. Oral kavite (OK) ve orofarinks (OF) skuamöz hücreli karsinomları BBK'lar içinde önemli bir yer tutmaktadır¹. BBK'li hastalarda servikal lenf nodu (LN) metastazlarının olması kötü prognostik faktör olup azalmış genel sağkalım ile ilişkilidir². Bu sebeple servikal bölgenin etkin tedavisi hastalığa özgü genel sağkalımı iyileştirmektedir^{3,4}.

Anatomik olarak birbirleriyle yakın ilişkili bölgeler olmalarına rağmen biyolojik açıdan farklılık göstermektedirler. OK tümörleri daha çok sigara kullanımı ilişkilidir⁵. OF kanserlerinin ise; İnsan papilloma virüsünün (HPV) kronik gizli enfeksiyonunun sonucu olarak insidansi yıllar içinde artmakla birlikte orantısız olarak genç insanları etkilediği görülmektedir⁶.

OF kanserli hastaların çoğunda tanı anında boyun metastazı (cN+) vardır. Tanı anında (cN+) olmayan her iki hasta grubunun %10-40'ında ise okkült servikal nodal metastaz riski mevcuttur^{7,8}.

Geçmişten bugüne hem OK hem de OF skuamöz hücreli karsinomun servikal metastazlarının tedavisinde, boyun diseksiyonu ve radyoterapi temel dayanağı oluşturmaktadır⁹.

ORAL KAVİTE KANSERLERİNDE RADYOTERAPİ

OK tümörleri; dudakların (en yaygın), dilin (dilin ön üçte ikisi) (en yaygın ikinci), sert damağın, bukkal mukozanın, retromolar trigonun, alveolar ridge ve ağız tabanının tümörleridir. Oral kavite kanserleri, ABD'deki tüm kanserlerin yaklaşık

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kanserinin birincil ve ikincil önlenmesi, yaşam tarzıyla ilgili risk faktörleri hakkında daha iyi bir eğitim ve erken teşhis için gelişmiş farkındalık ve ek tetkikler gerektirmektedir.

Anahtar Kelimeler: Radyoterapi, kemoradyoterapi, oral kavite kanser, orofarinks kanser, tedavi.

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