

BÖLÜM

3

OMUZU ETKİLEYEN SİSTEMİK VE METABOLİK HASTALIKLAR

Mesut ÖZGÖKÇE¹

- Vaka 1:** Os Akromiale
- Vaka 2:** Distal Klavikular Osteolizis
- Vaka 3:** Pigmente Villonodüler Sinovit
- Vaka 4:** Romatoid Artrit
- Vaka 5:** Avasküler Nekroz
- Vaka 6:** Parsonage-Turner Sendromu

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Tedavi ve yaklaşım

Hastalığın tedavisinde amaç ağrının azaltılması hareket açıklığının korunması ve kas gücünün iyileştirilmesi olup semptomatiktir. Bunun için de medikal tedavi yanında fizik tedavi egzersizleri önerilmektedir.

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