



## BÖLÜM 24

### POSTGASTREKTOMİ SENDROMLARI

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#### 1. GİRİŞ

Postgastrektomi sendromları geçirilmiş mide cerrahilerine sekonder oluşan; gastrointestinal ve kardiyovasküler semptomlar ile karakterize sendromlardır. Postgastrektomi sendromları malignite nedeniyle uygulanan mide ve özofagus cerrahileri sonrasında görülen sendromlar ile sınırlı olmayıp; benign nedenler ile uygulanan (peptik ülser cerrahisi, gastrik bypass, sleeve gastrektomi vb.) mide cerrahileri sonrasında da görülebilmektedir.

Postgastrektomi sendromlarının oluşumunda düşünülen temel patolojik nedenler midenin depo fonksiyonunun kaybolması veya sınırlandırılması, pilorik rezeksiyon nedeniyle pilorun defonksiyone olması ve vagusun mide üzerindeki etkilerinin azalması veya kaybolmasıdır.

Postgastrektomi sendromları genellikle reversible semptomlar vermekte olup; hastaların %1'inde kalıcı semptomlar görülebilmektedir. Postgastrektomi sendromları **Tablo 24.1**'de gösterilmektedir.

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