BÖLÜM 7

MİDE HASTALIKLARINDA ENDOSKOPİ VE ENDOSKOPİK ULTRASONOGRAFİ (EUS)

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1. TEMEL ENDOSKOPİK İŞLEMLER

Mide kanseri, dünyada en yaygın görülen beşinci malignite olmakla birlikte, dünya çapında kanser ölümlerinin dördüncü önde gelen nedenidir (1). Mide tümörlerinin tanısında biyokimyasal ve radyolojik birçok parametre kullanılmasına karşın, endoskopi altın standarttır. Mide kanserinin endoskopi ile erken tanısı mide kanseri prevelansını ve mortalitesini azaltmaktadır (2). Mide kanseri için popülasyona dayalı taramanın, yüksek riskli popülasyonlar dışında maliyet etkin bulunmamış olmasına rağmen, özofagogastroduodenoskopi (ÖGD) dünya çapında çoğu ülkede üst gastrointestinal semptomları araştırmak için her yerde bulunması ve kolay erişilebilir olması nedeniyle ilk basamak araç olarak kullanılmaktadır (3). ÖGD özellikle üst gastrointestinal sistemde, esas olarak pre malign durumların ve kanserlerin tespiti ve gözetimi için önemli bir tanı prosedürü haline gelmiştir. Amerika Birleşik Devletleri'nden elde edilen veriler, son on yılda endoskopi kullanımının %50'nin üzerinde arttığını göstermektedir (4). Japonya ve Güney Kore gibi mide kanseri için yüksek

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