

BÖLÜM 3

ORGAN DONÖR BAKIMI

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GİRİŞ

Organ nakli için sıra bekleyen hastaların ölüm oranları yüksektir (1). Bu oranları düşürmek için zaman kaybını önlemek amaçlı beyin ölümü tanısı alması kesinleşmiş organ donörlerin erken tespit edilmesi gerekir ve yoğun bakım ünitelerinde beyin ölümü ön tanıli hastaları potansiyel organ donörü olarak değerlendirip tedavi etmek gerekir. Öte yandan, organ donörlerden alınan organların disfonksiyonu sonucu, organ alıcılarında gelişen reddi önlemek için donör yönetimini iyileştirme amaçlı yoğun bakımlarda çalışan sağlık ekibine düzenli aralıklarla eğitim verilmesi önemlidir (2).

Organ fonksiyonlarının korunması yoğun bakım kliniğindeki tedavilerin temel amacıdır. Organ donörlerinde beyin ölümü tanısından organların alımı için ameliyat hazırlığına kadar olan zaman dilimi, organların işlevini koruyucu ve iyileştirici tedavileri uygulamak için bir fırsat sunar. Yoğun bakımda çalışan sağlık ekibinin bu süreçteki rolü önemlidir. Yoğun bakım ünitelerinde organ donör bakımı yönetiminin temel ilkesi, donörün hemodinamik değişikliklerinin takibi ve gereğinde tedavisinden oluşmaktadır. Çeşitli bilimsel çalışmalarda standartlaştırılmış ve

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