

BÖLÜM 2

ERİŞKİNLERDE BEYİN ÖLÜMÜ TANISI

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GİRİŞ

Beyin ölümüne sebep olan beyin hasarları intrakraniyal ya da ekstrakraniyal olayların bir sonucu olarak meydana gelir. İskemik ya da hemorajik beyin hasarı beyin ölümü ile sonuçlanabilir. Beyin ölümüne neden olan ana ekstrakraniyal olay, bir kardiyopulmoner arrest sonrası, gecikmiş veya yetersiz bir resüsitasyonun beyin ihtiyacı olan kan desteğini sağlayamamasıdır. Bunu takip eden hipoksi ve iskemi hücrel ozmöregülasyonu bozar, beyin parankim hücrelerinin içerisine giren su miktarı artar ve beyin ödeme sebebiyet verir. Beyin dokusunun içinde bulunduğu hacmin sabit olması nedeni ile, parankimde artan ödem ve şişme global olarak bir dolaşım bozukluğuna yol açarak sağlam kalan beyin dokusunun da hipoksik kalmasına ve ödemlenmesine yol açar. Beynin bu süregelen ödeminin zararlı sonucu, aşırı derece artan bir intrakraniyal basınç ve bu basınçla birlikte beyin dokusunun aşırı sıkışıp aseptik nekrozuna neden olmaktadır, hatta daha da artan basınçlar kan dolaşımını imkansız hale getiren herniasyona sebebiyet verir (1).

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