

Bölüm 35

Gebelik ve Postpartum Dönemde Sık Görülen Ruhsal Bozukluklar ve Yönetimi

Duru Saygın GÜLBAHAR¹



Psikiyatrist Tarafından Değerlendirme

- Gebe veya çocuk emziren bir kadının psikiyatrik sorunlarının yönetilmesinde kadının fizyolojik durumunun ve dış faktörlerin detaylı değerlendirilmesi şarttır.
- Hamilelik öncesinde ve / veya sırasında erken tarama, teşhis ve müdahale, genellikle anne ve bebekler için ruh sağlığı bozukluklarının morbidite ve mortalitesini azaltır.

Gebelik Dönemindeki Psikiyatrik Bozukluklar

- Depresif bozukluk
- Anksiyete bozuklukları
- Bipolar bozukluk
- Psikotik bozukluklar

Peripartum Döneme Özel Psikiyatrik Bozukluklar

- Doğum sonrası hüzün
- Peripartum başlangıçlı depresif bozukluk
- Doğum sonrası psikotik bozukluk

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