

10.

BÖLÜM

BURKITT LENFOMA

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GİRİŞ

Burkitt lenfoma (BL), ilk olarak 1958 yılında Dennis Burkitt tarafından Afrikalı çocuklarda yüz ve abdomen bölgesinde gelişen bir sarkom olarak tanımlanmıştır (1). 1960 yılında ise O'Connor ve Davies, hızlı büyüyen bu lezyonların sarkom olmadığını, lenfoma olduğunu bildirmiştir (2).

Burkitt lenfoma, olgun germinal merkez ya da postgerminal merkez B hücrelerinden kaynaklanan, agresif seyreden ve tedavi edilebilen bir lenfomadır (3). Sıklıkla ektranodal bölge tutulumu ile ya da akut lösemi formunda prezente olur (4). Çok hızlı büyüme kapasitesine sahip olan bu tümör, *MYC* onkogen rearanjmanı göstermesi ile karakterizedir. BL'da en sık görülen kromozomal translokasyon olan t(8;14)(q24;q32) translokasyonu, *MYC* onkogeninin bulunduğu 8. kromozomun uzun kolu ile 14. kromozomun Ig ağır zincir bölgesi ile ilişkilidir (5).

2016 Dünya Sağlık Örgütü (DSÖ) hematopoetik ve lenfoid doku tümörlerinin sınıflandırılması kitapçığında, daha önceden BL'nın da içinde bulunduğu agresif B hücreli lenfomalar morfolojik ve genetik özellikleri baz alınarak tekrardan sınıflandırılmıştır. BL kendine has immunofenotipik

özellikleri ve c-myc overekspresyonu göstermesi ile diğerlerinden ayrılmış, BL benzeri özellikler sergileyen diğer lenfomalar; 'Burkitt'e benzer 11 q anomalisi olan lenfoma', 'Yüksek dereceli B-hücreli lenfoma, *MYC*, *BCL-2* ve/veya *BCL-6* re-aranjmanı içeren' ve 'Yüksek dereceli B hücreli lenfoma, sınıflandırılmayan' olarak yeniden sınıflandırılmıştır (6).

EPİDEMİYOLOJİ

BL, coğrafik dağılımı, klinik, morfolojik, genetik ve biyolojik özelliklerine göre farklılık gösteren 3 epidemiyolojik varyanta sahiptir; endemik (Afrika tipi) BL, sporadik BL, immünyetmezlik-ilişkili BL (6).

Endemik BL, Afrika'nın tropikal bölgelerinde ve Papua Yeni Gine'de saptanan ve özellikle çocuklarda görülen subtiptir (7). Endemik BL'nın insidansı ekvotara Afrika'da 18 yaş altı her 100.000 çocukta 4-5'tir (8). Bu bölgedeki çocukluk çağı tümörlerinin %50'sinden, çocukluk çağı lenfomalarının %90'ından sorumlu olan BL, en sık 4-7 yaş arası çocuklarda görülmektedir (4, 9). Erkeklerde kadınlara göre 2 kat daha sıktır (4, 9). Olguların hemen tamamında (>%95) Epstein-Barr virüs (EBV) pozitifliği görülmekte ve

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